

Welcome to the April 2024 edition of your South East region newsletter!

In this edition we have:

- a review of the REMAP event that we hosted in February
- encouragement for members to apply for Lifelong Learning Grants
- information on our upcoming CPD event

Our region is here to support activities and help you to boost the profile of our profession. We are keen to hear from you. If you would like to contribute to future newsletters, [send us](#) your stories, events or reviews.

If you would like to come along and observe a committee meeting, our next few meetings will take place on 13 May, 5 June and 18 July. [Contact us](#) if you would like to join us.

We hope you enjoy our newsletter,  
Robyn, Anna, Jordan, Claire, Janice, Flo, Jenny, Sara, Loretta and Matt (region committee)

## Our news

### REMAP event overview

In February we had the pleasure of having two volunteers from [REMAP](#) Oxfordshire deliver a presentation on the work they do. REMAP is a charity who create specialised and personalised equipment for their clients. This has included [bespoke cutlery](#) (pictured) and a specialised guitar stand. They provided information on their service, how to refer and how to be involved.

If you think one of your patients would benefit from bespoke equipment which is not provided through the typical routes, then please contact your [local REMAP team through their website](#).



Thank you to REMAP Oxfordshire for sharing the incredible work you do!!

### Opportunities on our Committee

We have opportunities on our committee for a Regional Communications lead and a Member Activity lead.

The Regional Communications lead involves the production of the quarterly newsletter for the region. This includes encouraging and collecting articles from a range of sources, as well as linking with RCOT to ensure the webpage is updated with any key information.

The Member Activity lead involves being the first point of contact regarding the region's committee activities and events for RCOT members. You would also lead on developing engaging local activities that

promote occupational therapy, the region and membership of RCOT and take the lead in engaging local groups and informing the Committee of feedback received from the membership.

We cover a large region geographically and are grateful for everyone volunteering their time to the committee. We are always open to welcoming new committee members, so [contact us](#) if you would like to know more about how to get involved.

## Lifelong Learning Grants

The [Lifelong Learning Grants](#) (LLG) remain available throughout the year and are a great way to top up your CPD budget! The LLG is available to provide financial support to enable members to participate in learning opportunities such as short courses, workshops or conferences related to their continuous professional development and the promotion of the profession. You could even apply to use the grant to attend the 2024 Annual RCOT conference on the 12 - 13 June!

[You can apply now](#) for a grant up to £200. If successful, we'll ask you to write a short reflection on your course (around 200 words) for the regional newsletter.

## Our events

### Microsoft accessibility session 22 April 2023, 5-6pm Virtual

We are hosting an evening with Tris Church, an IT expert. Tris will be joining us to share his knowledge on making Microsoft more accessible to help support our work and those of our service users. Examples of skills Tris will be imparting during the session include how to use dictate mode on Microsoft Word and how to use dark mode.

[Register now](#)

## News from across RCOT

### Strengthening our governance to safeguard our future

We have big ambitions for the profession, and to be able to deliver on them, we need our governance to be fit for purpose and future-proof. Council is reviewing our governance, looking at the rules and systems that guide how we're run, to ensure we follow good practice, are legally compliant and best placed to make informed business decisions.

[Read about it on our new governance hub](#) or meet Council members at a drop-in and they'll talk you through it and answer your questions.

### Together, let's make a bigger impact

We launched our first ever [Workforce Strategy](#) in March. It creates a path towards our vision for an expanded occupational therapy workforce – positioned to have maximum impact in improving people's health and quality of life by 2035. Through our strategy, we'll equip you with the skills and resources to be a leader, embrace innovation and champion health equity for all.

Read the [strategy](#) today and get involved.

### Annual Conference 2024 tickets are open

Our two-day online event – #RCOT2024 – will take place on **Wednesday 12–Thursday 13 June 2024**. You'll hear strong opinions, get into the debates that matter and discover high-level unique knowledge,

perspectives and vision. It's a showcase for occupational therapy, bringing together members and non-members from across the profession.

Snap up your ticket to our Annual Conference at our best price – before our express discount ends on 16 May 2024. [Find out more and book your ticket.](#)

## Stay in touch

You can stay up to date with us on social media – follow us on [Facebook](#), [X \(formerly twitter\)](#) and [Instagram](#). You can also contact us at [rcot.southeast@rcot.co.uk](mailto:rcot.southeast@rcot.co.uk).