2. Assessments used by occupational therapists

The routine use of occupational therapy terminology is one of the essential information building blocks that will support the profession to measure, evaluate and demonstrate the effectiveness of interventions with service users and carers.

The Royal College of Occupational Therapists, in collaboration with its members, has developed a number of occupational therapy subset standards which should be used for all service user care records, whether they are stored digitally or on paper.

Terms need to meet SNOMED CT requirements and, therefore, may not reflect the nuances of language used by different occupational therapists. As such, whilst listed alphabetically, the PDF ‘search’ feature may be useful when checking if a specific assessment has been included.

The RCOT Library and Information Service hold a reference copy of those assessments annotated with an asterisk*.

This subset is comprised of assessments commonly used by occupational therapists. The assessments are presented under broad-based headings for ease of reference. It should be noted, however, that some assessments may be aligned with more than one category.

**Occupation-focused**

*Describes practice where occupation is the primary focus of discussions / interviews with the person, family or significant others.*

- Arthritis impact measurement scales I
- Arthritis impact measurement scales II
- Assessment of Occupational Functioning Modified Interest Checklist
- Barriers to employment and coping efficacy scale
- Bristol activities of daily living scale
- Canadian occupational performance measure *
- Career interest test
- Child occupational self-assessment version 2.1 *
- Communication skills questionnaire
- Disabilities of the Arm, Shoulder and Hand outcome measurement sports performing arts module
- Disabilities of the Arm, Shoulder and Hand questionnaire
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- Falls behavioral scale for older people
- Goal Attainment Scaling *
- Hampshire assessment for living with others
- Mayers lifestyle questionnaire 1 *
- Mayers lifestyle questionnaire 2 *
- Model of creative ability assessment scale
- Model of Human Occupation Screening Tool version 2.0 *
- Movement Assessment Battery for Children Checklist – 2

*edition *
- Occupational case analysis interview and rating scale
- Occupational circumstances assessment interview and rating scale forensic mental health version 4.0 *
- Occupational Performance History Interview *
- Occupational Performance History Interview II Version 2.1 – occupational competence scale *
- Occupational Performance History Interview II Version 2.1 – occupational identity scale *
- Occupational Performance History Interview II Version 2.1 – occupational settings (environment) scale *
- Occupational Performance History Interview II Version 2.1 *
- Occupational self-assessment version 2.2 *
- Occupational therapy interest checklist - United Kingdom *
- Occupational therapy role checklist
- Pool activity level instrument *
- Rheumatoid arthritis work instability scale
- Rookwood Driving Battery
- School function assessment *
- Sensory profile
- Social functioning scale
- Volitional questionnaire version 4.1
- Westcotes individualized outcome measure
- Work ability index
- Worker role interview version 10.0 *
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#### Occupation-based

*Describes practice where the ‘doing’ of occupation is the primary focus in the assessment, intervention and measurement of outcomes.*

- Arnadottir occupational therapy activities of daily living neurobehavioural evaluation
- Assessment of communication and interaction skill version 4.0 *
- Assessment of motor and process skills *
- Barthel United Kingdom index of activities of daily living *
- Community dependency index *
- Detailed Assessment of Speed of Handwriting
- Evaluation of social interaction *
- Evaluation tool of children’s handwriting
- Kohlman evaluation of living skills
- Modified Barthel index of activities of daily living *
- Nottingham Extended Activities of Daily Living Scale *
- Occupational Therapy Driver Off Road Assessment Battery (OT-DORA) *
- School Version of the Assessment of Motor and Process Skills *

#### Participation-focused

*Describes practice where the primary focus is on the frequency and/or level of engagement and involvement of a person in their life situation.*

- Activity Card Sort (ACS)
- Child and Adolescent Scale of Participation (CASP)
- Children’s Assessment of Participation and Enjoyment (CAPE)
- Participation and Environment Measure for Children and Youth (PEM-CY)
- Preferences for Activities of Children (PAC)

#### Environment-focused

*Describes practice where the primary focus is on the impact of the environment on occupational performance and participation.*

- Functional analysis of care environments assessment tool (FACE)
- Home falls and accidents screening tool
Residential Environment Impact Scale Version 4.0 (REIS)
Westmead home safety assessment *
Work environment impact scale version 2.0 *

Other
*Occupational therapists might use these assessment tools, many of which focus on body function. They are not necessarily occupational therapy specific and may be included in SNOMED within other generic or specialist subsets of terms.*

Assessments related to body function
- Arthritis hand function test
- Berg balance scale
- Dynamometer pinch and gross grip scale
- European league against rheumatism response criteria scale
- Grip ability test scale
- Hand volumeter test scale
- Functional assessment measure
- Functional capacity evaluation
- Functional independence measure
- Functional test for the hemiparetic upper extremity
- Jamar dynamometer scale
- Jebsen hand function test
- Joint protection behaviour assessment questionnaire
- Joint protection knowledge assessment
- Kapandji clinical opposition and reposition test of thumb score
- Melbourne assessment of unilateral upper limb function
- Michigan hand outcomes questionnaire
- Miller-Function and Participation Scales (M-Fun)
- Moberg pickup test
- Neck disability index
- Nine hole peg test
- Obligatory exercise questionnaire
- Occupational therapy functional assessment compilation tool
- Occupational therapy task observation scale
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- Oxford hip scale
- Patient rated wrist evaluation scale
- Quality of upper extremity skills test scale
- Quick disabilities of the arm shoulder and hand outcome measurement
- Scleroderma health assessment questionnaire
- Semmes-Weinstein monofilament score
- Sequential occupational dexterity assessment
- Sollerman hand function test
- Tinetti falls efficacy scale *

Assessments related to cognition and perception
- Allen cognitive level screening tool *
- Beck depression inventory *
- Behavioural assessment of the dysexecutive syndrome *
- Chessington occupational therapy neurological assessment battery *
- Cognitive Assessment of Minnesota *
- Frontal assessment battery
- Large Allen cognitive level screening tool *
- Lowenstein occupational therapy cognitive assessment *
- Mini-mental state examination *
- Modified mini-mental state examination
- Montreal cognitive assessment (MOCA)
- Repeatable battery for the assessment of neuropsychological status
- Rivermead behavioural memory test third edition
- Rivermead behavioral memory test - adult version *
- Rivermead behavioral memory test - child version *
- Rivermead perceptual assessment battery *
- Stereognosis test scale

Assessments related to development
- Adolescent/adult sensory profile *
- Ages and stages questionnaire second edition
- Draw a person test
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- Movement Assessment Battery for Children – 2nd edition (MABC-2) *
- Sensory Profile 2 *
- Sensory integration and praxis test - Ayres
- Sensory integration inventory revised for individuals with developmental disabilities

Assessments related to eating disorders

- Abbreviated eating attitudes test
- Anorexia nervosa stages of change questionnaire
- Bay area functional performance evaluation
- Bulimic investigation test – Edinburgh
- Eating attitudes test
- Eating disorder examination
- Eating disorders inventory
- Stirling eating disorders scale

Assessments related to general health and wellbeing

- Binary individualized outcome measure *
- Childhood health assessment questionnaire
- Clifton assessment procedures for the elderly *
- Comprehensive occupational therapy evaluation scale *
- Fatigue impact scale
- Health assessment questionnaire
- Modified health assessment questionnaire
- Visual analog scale

Assessments related to mental health

- Geriatric depression scale 4 item form
- Geriatric depression scale original long form
- Geriatric depression scale short form
- Hospital anxiety and depression scale
- Middlesex elderly assessment of mental state *
- Visual analogue mood scale
Assessments related to pain
- Brief pain coping inventory
- Brief pain inventory
- Dallas pain questionnaire
- McGill pain chart questionnaire
- Oswestry disability index
- Pain Self-Efficacy Questionnaire
- Short form McGill pain questionnaire
- Visual analog pain scale

Assessments related to work
- Methods time measurement
- Modular arrangement of predetermined time standards scoring tool
- Valpar 17 pre-vocational readiness battery *

Total: 152 SNOMED occupational therapy assessment scale subset members (terms)

Assessment procedures
These terms reflect broad areas of assessment rather than specific tools.

- Activities of daily living assessment
- Adult activities of daily living assessment
- Assessment for major housing adaptation
- Assessment of fitness for vehicle adaptation
- Assessment of needs
- Assessment of risk in community environment
- Assessment of risk in educational environment
- Assessment of risk in home environment
- Assessment of risk in work environment
- Assessment of seating needs
- Assessment of special educational needs
- Assistive device provision assessment
- Education needs assessment
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- Employment needs assessment
- Energy conservation assessment
- Equipment safety assessment
- Ergonomic assessment
- Leisure needs assessment
- Newborn activity of daily living needs assessment
- Occupational therapy assessment
- Pediatric activity of daily living needs assessment
- Risk assessment for patient moving and handling

There are many assessments that are less widely used by occupational therapists but including those that are rarely used would reduce the usability of the subset to the profession as a whole.

In SNOMED, terms for assessment tools are grouped under ‘assessment scales’. Consequently the full term for each assessment scale, includes the term: ‘assessment scale’, e.g. Adolescent and/or adult sensory profile (assessment scale). To improve readability the term ‘(assessment scale)’ has been omitted from the names of the assessment tools used above.

NOTE: SNOMED Occupational therapy subsets also include Assessment scale procedures, and Assessment scale observables.

**Assessment scale procedures** reflect terminology for the use of an assessment scale e.g. ‘Assessment using arthritis hand function test’.

**Assessment scale observables** reflect the terminology for scoring of an assessment: e.g. ‘Arthritis hand function test score’.

**Assessment templates**: it should be noted that the inclusion of an assessment in SNOMED Clinical Terminology does not mean that the template for recording that assessment will be automatically available in the electronic care record system. Template availability will be dependent on local commissioning arrangements and licensing agreements.

Further information
This document should be considered in conjunction with the following information and occupational therapy subsets:

- Overview: Occupational therapy language and SNOMED CT
- Problems in occupational performance recorded by occupational therapists
- Findings identified at assessment or review
- Goals of occupational therapy intervention
- Interventions recorded by occupational therapists.

Subsets and additional information can be found on the Royal College of Occupational Therapists’ website at: [www.rcot.co.uk/practice-resources/occupational-therapy-topics/outcomes-and-keeping-records](http://www.rcot.co.uk/practice-resources/occupational-therapy-topics/outcomes-and-keeping-records). You can also access a SNOMED CT browser via: [https://digital.nhs.uk/snomed-ct](https://digital.nhs.uk/snomed-ct).