

Community mental health teams



This hOT Topic contains information relating to occupational therapy for community mental health teams.

This hOT Topic is a starting point and overview of key readings including articles, books and selected websites for members of the Royal College of Occupational Therapists relating to community mental health teams. This reading list is not exhaustive and does not provide information about all issues that affect occupational therapists.

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INTERNET RESOURCES

RCOT SS - Mental Health

<https://www.rcot.co.uk/about-us/specialist-sections/mental-health-rcot-ss>

With over 600 members, supported by UK-wide regional representatives, and number of regional links and special interest groups in areas such as **community mental health**, forensic and secure environments, homelessness and substance misuse, and inpatient services.

<https://www.rcot.co.uk>

OCD UK Community Mental Health Teams (CMHT)

<https://www.ocduk.org/cmht>

A team of mental health professionals who support people with mental health problems living in the community.

<https://www.ocduk.org>

Westminster Older People Community Mental Health Team

<http://www.cnwl.nhs.uk/service/westminster-older-people-community-mental-health-team/>

Community mental health teams (CMHTs) have three key functions in providing mental health care for older people:

To give advice to other professionals on the management of mental health problems, in particular, providing advice to primary care, such as GP surgeries, and making sure appropriate referrals are made.

Providing treatment and care for those with short-term mental health issues who can benefit from specialist interventions.

Providing treatment and care for those with more complex needs.

CMHTs have access to a range of specialist therapies available to older people.

<http://www.cnwl.nhs.uk>

Northamptonshire Healthcare NHS Foundation Trust - CMHT - Northampton Community Mental Health Team (NHS)

Helping people aged 18 or over, who have severe or enduring mental health problems.

<https://www.nhft.nhs.uk/website-homepage>

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