This hOT Topic contains information relating to occupational therapy for community mental health teams.

This hOT Topic is a starting point and overview of key readings including articles, books and selected websites for members of the Royal College of Occupational Therapists relating to community mental health teams. This reading list is not exhaustive and does not provide information about all issues that affect occupational therapists.

To order articles please request a photocopy form from the library. The form can also be downloaded from our website (www.rcot.org.uk). Please note all photocopies will now be supplied at a standard charge of £3.00 per article. This includes post age and handling. A maximum of six articles can be ordered at any one time. This service is only available to BAOT members.

JOURNAL ARTICLES AVAILABLE FROM RCOT LIBRARY


White S (2013) OTs walk with NAMI: promoting community health and wellness by building alliance and advocacy. Mental Health Special Interest Section Quarterly, 36(2), 1-4.


Kirsh B, Tate E (2006) Developing a comprehensive understanding of the working alliance in community mental health. Qualitative Health Research, 16(8), 1054-1074.

INTERNET RESOURCES

RCOT SS - Mental Health
https://www.rcot.co.uk/about-us/specialist-sections/mental-health-rcot-ss
With over 600 members, supported by UK-wide regional representatives, and number of regional links and special interest groups in areas such as community mental health, forensic and secure environments, homelessness and substance misuse, and inpatient services.
https://www.rcot.co.uk

OCD UK Community Mental Health Teams (CMHT)
https://www.ocduk.org/cmht
A team of mental health professionals who support people with mental health problems living in the community.
https://www.ocduk.org

Westminster Older People Community Mental Health Team
http://www.cnwl.nhs.uk/service/westminster-older-people-community-mental-health-team/
Community mental health teams (CMHTs) have three key functions in providing mental health care for older people:
To give advice to other professionals on the management of mental health problems, in particular, providing advice to primary care, such as GP surgeries, and making sure appropriate referrals are made.
Providing treatment and care for those with short-term mental health issues who can benefit from specialist interventions.
Providing treatment and care for those with more complex needs.
CMHTs have access to a range of specialist therapies available to older people.
http://www.cnwl.nhs.uk

Northamptonshire Healthcare NHS Foundation Trust - CMHT - Northampton Community Mental Health Team (NHS)
Helping people aged 18 or over, who have severe or enduring mental health problems.
https://www.nhft.nhs.uk/website-homepage

Graham A (2011) Keeping it real: an explorative study into the use of authentic occupations within forensic occupational therapy. MSc, Leeds Metropolitan University.


Dunk T (2003) Occupational therapy and agoraphobia in community mental health teams. University of Exeter, St Loye’s School of Health Studies, MSc.

Hopkins S (2002) What do occupational therapists in community mental health teams do?: an exploration of their practice South Bank University, Faculty of Health, Division of Professions Allied to Medicine, BSc.

BOOKS/REPORTS/THESES not in the RCOT library