Manual Handling
This hOT Topic contains information relating to occupational therapy in relation to manual handling

This hOT Topic is a starting point and overview of key readings including articles, books and selected websites for members of the Royal College of Occupational Therapists relating to manual handling. This reading list is not exhaustive and does not provide information about all issues that affect occupational therapists.

To order articles please request a photocopy form from the library. The form can also be downloaded from our website (www.rcot.co.uk). Please note all photocopies will now be supplied at a standard charge of £3.00 per article. This includes postage and handling. A maximum of six articles can be ordered at any one time. This service is only available to BAOT members.

Abraham B (2015) Determining the relationship between the forces applied and the space required when manoeuvring four-caster chairs with heavy occupants (100kg). London: College of Occupational Therapists.

Abraham B (2012) Forces applied and space required relationship for four caster vehicle manoeuvres. Newcastle University, PhD.


Organised by order of publication date, most recent first –


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INTERNET RESOURCES

Postural management and manual handling
https://www.rcot.co.uk/practice-resources/occupational-therapy-topics/postural-management-and-manual-handling
Postural Management is a multi-disciplinary approach that has the potential to assist in enhancing and maximising an individual’s abilities in a wide variety of ways including: communication, taking part in occupations and enabling choice.
https://www.rcot.co.uk

Health and Safety Executive Manual handling assessment chart (MAC) tool
http://www.hse.gov.uk/msd/mac/
The MAC tool* has been developed to help the user identify high-risk workplace manual handling activities. The tool can be used to assess the risks posed by lifting, carrying and team manual handling activities.

NHS Direct National Manual Handling Policy
This policy covers everyone that is employed by NHS Direct whilst in the course of their duties including temporary staff and any visitors to NHS Direct sites.
http://www.nhsdirect.nhs.uk

Manual Handling Operations Regulations 1992
http://www.legislation.hmso.gov.uk/

Disabled Living Foundation - Moving and handling people
http://www.dlf.org.uk/content/moving-and-handling-people
A range of factsheets providing general advice on topics such as features to look for when choosing different items of moving and handling equipment such as mobile or overhead hoists.
http://www.dlf.org.uk

Health and Safety Executive - Moving and handling in health and social care
http://www.hse.gov.uk/healthservices/moving-handling.htm
These pages are for employers and employees in the health and social care sectors involved in moving and handling, particularly those who assess moving and handling needs and carry out handling activities.
http://www.hse.gov.uk


