Cardiac rehabilitation

This hOT Topic contains information relating to occupational therapy and cardiac rehabilitation.

This hOT Topic is a starting point and overview of key readings including articles, books and selected websites relating to cardiac rehabilitation for members of the Royal College of Occupational Therapists. This reading list is not exhaustive and does not provide information about all areas of working with people with cardiac rehabilitation.

To order articles please request a photocopy form from the library. The form can also be downloaded from our website (www.rcot.co.uk). Please note all photocopies will now be supplied at a standard charge of £3.00 per article. This includes postage and handling. A maximum of six articles can be ordered at any one time. This service is only available to RCOT members.
BOOKS/REPORTS/THESIS (IN RCOT LIBRARY UNLESS STATED)


McPaul J (2007) Home visit v telephone follow up in phase II cardiac rehabilitation following myocardial infarction: effects on anxiety, depression, attendance at phase III and visits to A&E or readmission University of Chester, MSc.


JOURNAL ARTICLES AVAILABLE FROM RCOT LIBRARY

Organised by order of publication date, most recent first –


Organised by order of publication date, most recent first –


INTERNET RESOURCES

British Heart Foundation
https://www.bhf.org.uk/
The British Heart Foundation (or BHF) is a British charity that funds research, education, care and awareness campaigns aimed to prevent heart diseases in humans.

Heart UK
http://heartuk.org.uk/
HEART UK is for anyone affected by raised cholesterol. It aims to bring people together, provide information, support, education and campaign for improved identification & standards of care

NICE guidance: preventing CVD
PH25 Prevention of cardiovascular disease (PH25)
http://guidance.nice.org.uk/PH25

Blood Pressure UK
http://www.bloodpressureuk.org/Home
Blood Pressure UK boasts being the only charity solely dedicated to lowering the nation's blood pressure to prevent disability and death from stroke and heart disease.

Arrhythmia Alliance
http://www.arrhythmiaalliance.org.uk/
Arrhythmia Alliance (A-A) is a coalition of charities, patient groups, patients, carers, medical groups and allied professionals. These groups remain independent, however, work together under the A-A umbrella to promote timely and effective diagnosis and treatment of arrhythmias.

British Nuclear Cardiology Society (BNCS)
http://www.bcs.com/pages/default.asp
The British Nuclear Cardiology Society is dedicated to the promotion of Nuclear Cardiology in the United Kingdom and aims to improve understanding of the role and contribution of Nuclear Cardiology to patient management
British Cardiovascular Society  
Involved in education, the setting of clinical standards and research into heart and circulatory diseases, the BCS aims to support and represent all those working in the fields of cardiovascular care and research.

Heart Research UK  
[https://heartresearch.org.uk/](https://heartresearch.org.uk/)
Heart Research UK funds pioneering medical research into the prevention, treatment and cure of heart disease.

British Association of Cardiac Rehabilitation  
An association representing cardiac rehabilitation professionals, which sets the standards by which clinicians work to in the UK. The new standards and core components from the BACPR (2012) acknowledge the NACR as a minimum standard and core component, and recommend it for evaluating CR programmes.

British Association for Nursing in Cardiovascular Care (BANCC)  
The purpose of BANCC is to provide a forum for communication, professional development and national representation for all nurses in the UK who are involved in the care of cardiovascular patients.

British Society for Heart Failure  
The aims of the British Society for Heart Failure (BSH) are to improve the care and outcome of patients with heart failure and to promote research, education and scientific exchange relating to heart failure.

The Children’s Heart Federation  
The Children’s Heart Federation is dedicated to helping children with congenital or acquired heart disease and their families in Great Britain and Northern Ireland.

The Coronary Prevention Group  
[http://webhealth.co.uk/support-groups/coronary-prevention-group/](http://webhealth.co.uk/support-groups/coronary-prevention-group/)
The Coronary Prevention Group is a national UK charity dedicated to preventing heart disease through healthy lifestyles.


