

# Mental Health – The Value of Occupational Therapy Workshop

Facilitated by Genevieve Smyth, Professional Advisor, COT

Held at the College of Occupational Therapists  
106-114 Borough High Street, London SE1 1LB



## Dates and Times:

Monday 30 <sup>th</sup> January 2017	10:30am – 12:30pm
Wednesday 15 <sup>th</sup> February 2017	1:30pm – 3:30pm
Tuesday 28 <sup>th</sup> March 2017	10:30am – 12:30pm
Tuesday 18 <sup>th</sup> April 2017	1:30pm – 3:30pm
Tuesday 30 <sup>th</sup> May 2017	10:30am – 12:30pm

## Background:

The COT publication “*Recovering Ordinary Lives – the strategy for occupational therapy in mental health services 2007-2017*” finishes soon. For almost ten successful years it has helped shape practice and drive leadership across the UK. You have told us the strategy has been extremely useful for marketing and promoting the value of occupational therapy for people with mental health problems. You have also told us that further work to continue this promotion to those outside of the profession is required.

## The project:

COT are therefore excited to announce plans to replace the strategy with four new documents, one per Country, for the purpose of marketing and promoting the profession’s impact and value in mental health to be launched in 2018.

These will build on the work already started by the COT campaign *Occupational Therapy – Improving Lives, Saving Money* where members sent examples of their practice to COT for inclusion in new campaign publications.

This new project is called “***Mental Health – the Value of Occupational Therapy***”.

## The workshop:

COT are working closely with relevant Specialist Sections, Country mental health managers groups and consultants who have formed an external reference group to guide the project. Your contribution will be vital too.

This is your chance to say “This is what I do and here are the results”. If you ever wanted to shout from the roof tops about why your work matters, get involved now and attend this free workshop to find out how to fill out the mental health DEMO template which will form the main content of the new publications. Available at: <http://cotimprovinglives.com/tell-your-story/>

For further information and to book a place, please contact [Ashleigh.Watkins@cot.co.uk](mailto:Ashleigh.Watkins@cot.co.uk) with your name, COT membership number and the date of the session you would like to book.

Please note this is a free event for COT members only. Places are offered on a first come, first served basis and places are not guaranteed until you have received your confirmation email.