Framing the Canvas

Arts and Photography as Mediums for Wellness

The Bermuda Experience
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BACKGROUND
Co-facilitated by therapists and service users, the Milestone PhotoVoice Exhibition is an annual show of art, photography and creative writing by people who use mental health, addiction, disability and substance misuse services. The Milestone Wellness Institute (MWI), services that come under Bermuda Hospitals Board. Art and photography therapies run throughout the year, and the exhibitions showcase art and photography, alongside commentaries from the service users. The PhotoVoice programme is heavily influenced by Wang and Burris’s (1997) PhotoVoice methodology.

PROJECT IMPLEMENTATION

The Milestone PhotoVoice Exhibition was a participatory action research approach, with service users as the researchers. The exhibition was developed to support the Milestone Wellness Institute’s mission to raise awareness of mental health issues within the community, to provide therapeutic services to promote positive change, and to enable and empower individuals by enabling them to make changes and to improve their quality of life.

The exhibition was developed in collaboration with the Milestone Wellness Institute, and the artwork was created by service users who had previously participated in the Milestone PhotoVoice Programme. The exhibition was displayed at the Milestone Wellness Institute and in various locations throughout the community. The exhibition was widely praised by service users and the community, and it was also used as a tool to raise awareness of mental health issues.

IMPACT OF THE PROJECT

The Milestone PhotoVoice Exhibition was a successful project that had a positive impact on the community and the service users. The exhibition provided a platform for service users to express their feelings and experiences, and it helped to raise awareness of mental health issues.

The Milestone PhotoVoice Exhibition was also used as a tool to support the Milestone Wellness Institute’s mission to raise awareness of mental health issues within the community, and it was widely praised by service users and the community. The exhibition was also used as a tool to raise awareness of mental health issues, and it was widely praised by service users and the community.

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PRACTICE IMPLICATIONS

Milestone PhotoVoice provides a valuable example for service users in MH and addiction services. The Milestone Wellness Institute has a strong commitment to involving service users in the development and delivery of services, and the Milestone PhotoVoice Exhibition is an example of this commitment. The exhibition provides a platform for service users to express their feelings and experiences, and it helps to raise awareness of mental health issues. The Milestone PhotoVoice Exhibition has a positive impact on the community and the service users, and it is an example of how service users can be involved in the development and delivery of services.

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A Service User Perspective: Alana Dill

(2016 promotion)
https://youtu.be/4rR36k9aG_w

(Below photo from 2017 national television interview)