Using Lego to assess executive functioning and communication skills in an inpatient adult mental health centre

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Takeaway from this workshop

• Lego therapy background
• Resources to set up a Lego therapy group
• Experience of participating in a Lego therapy session
• Knowledge of how to facilitate a Lego therapy session
• Ideas for assessing skills
Brief History of Lego Therapy
How we are using Lego Therapy
Assessments

• Assessment of communication and interaction skills (ACIS)
• Comprehensive occupational therapy evaluation scale (COTES)
• Single observation model of human occupation screening tool
• Volitional questionnaire (VQ)
• Activity Participation Outcome Measure (APOM)
Planner

Job role:
• Checks the instructions
• Tells the finder which bricks to find
• Tells the builder where to put the bricks
• Cannot touch the bricks
Finder

Job Role
• Listens to the instructions from the planner
• Finds the bricks
• Gives the bricks to the builder
• Cannot build the bricks or see the instructions
Builder

Job Role:
• Given bricks by the finder
• Listens to the instructions from the planner
• Builds the model
• Cannot find the bricks or see the instructions
Your Turn!
What was that like?
Service Benefits.........So What?

• Engagement in Therapy
• Opportunities to build relationships
• Assessment opportunity
• Can support engagement in further group therapy – getting ready for a group
• Low maintenance group (planning and preparation)
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References

Questions??