



## COT standard for SNOMED CT subset

### 3. Problems in occupational performance recorded by occupational therapists

The routine use of occupational therapy terminology is one of the essential information building blocks that will support the profession to measure, evaluate and demonstrate the effectiveness of interventions with service users and carers. The College of Occupational Therapists, in collaboration with its members, has developed a number of occupational therapy subset standards which should be used for all service user care records, whether they are stored digitally or on paper.

Occupational therapists and service users are familiar with using the term 'problem', when they discuss and record problems in occupational performance and participation. Internationally the term preferred by clinical terminologists is 'functional observable'. These two terms are linked as synonyms within SNOMED CT.

Terms need to meet SNOMED CT requirements and, therefore, may not reflect the nuances of language used by different occupational therapists. As such, whilst listed alphabetically, the PDF 'search' feature may be useful when checking if a specific term has been included.

This subset of terms is comprised of problems in occupational performance commonly reported by occupational therapists. A reference point is given for each term in relation to domains of the International Classification of Functioning, Disability and Health (<http://www.who.int/classifications/icf/en/>).

International Classification of Functioning, Disability and Health domain	Subset term
Orientation functions: b114	● Orientation
	● Self-confidence
Energy and drive functions: b130	● Energy transfer
	● Motivation
Attention functions: b140	● Attention
	● Sustained attention
Memory functions: b144	● Memory function
Emotional functions: b152	● Emotion
Perceptual functions: b156	● Perception
	● Visual perception

# Occupational therapy terminology

## Supporting occupation-centred practice



International Classification of Functioning, Disability and Health domain	Subset term
Higher level cognitive functions: b164	● Organisational skills
	● Insight
	● Judgement
	● Problem-solving
Experience of self and time functions: b180	● Body image
Seeing functions: b210	● Sensory function status: vision
Hearing functions: b230	● Sensory function status: hearing
Vestibular functions: b235	● Vestibular nerve function
Additional sensory functions: b250–b279	● Sensory function status: proprioception
	● Sensory function status: cutaneous
Urination functions: b620	● Urinary continence status
Functions of the joints and bones: b710–b729	● Joint stability
Muscle functions: b730–b749	● Grade of muscle power
	● Muscle tone
Control of voluntary movement functions: b760	● Gait type
Purposeful sensory experiences: d110–d129	● Listening level
Applying knowledge: d160–d179	● Thinking
	● Reading
	● Writing
	● Decision making
	● Learning
Undertaking a single task: d210	● Ability to perform activities of everyday life
Communicating – producing: d330–d349	● Speaking
Conversation: d350	● Conversation content
Changing and maintaining body position: d410–d429	● Ability to change position
	● Ability to lie down
	● Ability to maintain a position
Transferring oneself: d420	● Transferring

# Occupational therapy terminology

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International Classification of Functioning, Disability and Health domain	Subset term
Carrying, moving and handling objects: d430–d449	<ul style="list-style-type: none"> <li>Lifting and carrying objects</li> </ul>
Fine hand use: d440	<ul style="list-style-type: none"> <li>Hand functions</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to grip</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to perform general manipulative activities</li> </ul>
Walking and moving: d450–d469	<ul style="list-style-type: none"> <li>Walking</li> </ul>
Moving around in different locations: d460	<ul style="list-style-type: none"> <li>Ability to mobilise indoors</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to mobilise using mobility aids</li> </ul>
Self-care: d5	<ul style="list-style-type: none"> <li>Washing self</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to dry self</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to clean own teeth</li> </ul>
	<ul style="list-style-type: none"> <li>Hair care activities</li> </ul>
	<ul style="list-style-type: none"> <li>Toileting</li> </ul>
	<ul style="list-style-type: none"> <li>Dressing</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to dress</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to undress</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to put on footwear</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to take off footwear</li> </ul>
	<ul style="list-style-type: none"> <li>Eating</li> </ul>
	<ul style="list-style-type: none"> <li>Drinking</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to manage personal health care</li> </ul>
Domestic Life: d6	<ul style="list-style-type: none"> <li>Shopping</li> </ul>
Household tasks: d630–d649	<ul style="list-style-type: none"> <li>Preparing meals</li> </ul>
	<ul style="list-style-type: none"> <li>Doing housework</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to use washing machine</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to dry washing</li> </ul>
Recreation and leisure: d920	<ul style="list-style-type: none"> <li>Ability to participate in leisure activities</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to engage in a hobby</li> </ul>
	<ul style="list-style-type: none"> <li>Ability to pursue religious activities</li> </ul>



Total: 66 SNOMED subset members

### Further information

This document should be considered in conjunction with the following information and occupational therapy subsets:

- Overview: Occupational therapy language and SNOMED CT
- Assessments used by occupational therapists
- Goals of occupational therapy intervention
- Interventions recorded by occupational therapists.

Subsets and additional information can be found on the College of Occupational Therapists' website at: <https://www.cot.co.uk/outcomes-and-record-keeping>.

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