



COT standard for SNOMED CT subset

5. Interventions recorded by occupational therapists

The routine use of occupational therapy terminology is one of the essential information building blocks that will support the profession to measure, evaluate and demonstrate the effectiveness of interventions with service users and carers. The College of Occupational Therapists, in collaboration with its members, has developed a number of occupational therapy subset standards which should be used for all service user care records, whether they are stored digitally or on paper.

Terms need to meet SNOMED CT requirements and, therefore, may not reflect the nuances of language used by different occupational therapists. As such, whilst listed alphabetically, the PDF 'search' feature may be useful when checking if a specific term has been included.

This subset of terms is comprised of interventions commonly recorded by occupational therapists:

- Access modification
- Acting as individual patient advocate
- Active listening
- Activity adaptation
- Activity analysis
- Activity group therapy
- Adaptive and compensatory techniques
- Adjustment of physical environment
- Anger management education, guidance, and counseling
- Anger management training
- Anxiety management training
- Assertiveness training
- Assessment for major housing adaptation
- Assessment of need for vehicle adaptation
- Assessment of risk in community environment
- Assessment of risk in educational environment
- Assistive device education
- Attention training
- Ayres Sensory Integration
- Barrier-free environment provision
- Benefits education



- Carer support
- Case conference
- Chaining technique
- Cognitive restructuring
- Cognitive skills training
- Communication skills training
- Community integration training
- Community living skills training
- Complex relationship building
- Concentration skills training
- Conductive education
- Consulting with
- Coping skills training
- Counseling about benefits
- Creative therapy
- Dressing practice
- Educating relevant people to improve physical function of service user
- Educating relevant people to improve psychosocial function of service user
- Educating staff member involved with service user
- Education about adaptation techniques for sensory deficit
- Education about compensatory techniques
- Education about establishment of daily routine
- Education about management of symptoms of condition within activity
- Education about transferable skills for occupational performance
- Education about understanding and recognising symptoms of condition
- Education for care planning
- Education of caregiver
- Education of caregiver about toilet training
- Education of family
- Education on provision of occupational skills training to service user
- Employment retraining
- Energy conservation education
- Environmental adaptation



- Equipment use education
- Ergonomic assessment
- Errorless learning technique
- Establishing client relationship
- Establishing valued role
- Executive functions training
- Exploration of future activity options
- Facilitating development of supportive relationships
- Facilitating engagement in therapy
- Facilitating maintenance of physical capabilities through occupational engagement
- Facilitating vocational engagement
- Facilitation of development of interaction skills
- Family support
- Feeding practice
- Fitting of splint
- Functional exercises
- Functional skills training
- Furniture height modification
- Graded exercise therapy
- Group psychotherapy
- Habilitation training
- Identifying goals
- Industrial therapy
- Informing
- Informing carer
- Interaction education, guidance, and counseling
- Joint control work
- Joint mobility exercises
- Joint protection training
- Liaising with
- Liaising with education service
- Liaising with relative
- Liaising with social worker



- Liaison with carer
- Liaison with housing services
- Liaison with social services
- Life skills training
- Lifestyle adjustment training
- Lower limb amputee transfer practice
- Manual handling education
- Memory retraining
- Memory skills training
- Mobilizing exercises
- Modification of house
- Modification of social environment
- Modification of wheelchair
- Motor planning skills training
- Movement therapy
- Neurodevelopmental treatment approach
- Normal movement patterns training
- Occupational skills training
- Occupational therapy
- Occupational therapy home visit
- Orientation training
- Parenting skills training
- Patient moving and handling risk review
- Patient transfer education
- Perceptual training
- Prescription of complex equipment
- Prescription of simple equipment
- Pre-vocational training
- Problem solving therapy
- Problem solving training
- Procedural learning
- Proprioception awareness work
- Proprioceptive neuromuscular facilitation technique



- Provision and fitting of cast
- Provision and fitting of strapping
- Provision of activities to maintain physical capability
- Provision of appliances
- Provision of electronic assistive device
- Provision of electronic assistive technology
- Provision of opportunities for participation in education
- Provision of opportunities for participation in leisure activities
- Provision of opportunities for participation in play
- Provision of seating
- Provision of specialist static seating
- Provision of splint
- Psychosocial intervention strategy
- Rapid instructional pacing
- Recommendation on major housing adaptation for Disabled Facilities Grant application
- Recommendation on major housing adaptation to housing provider
- Recommendation on personal motor vehicle requirement
- Recommendation on wheelchair requirement
- Request for minor housing adaptation
- Resisted functional activity
- Review of major housing adaptation
- Review of major housing adaptation plan
- Review of minor housing adaptation
- Review of new housing development
- Review of new housing development architectural plan
- Review of provided electronic assistive device
- Review of provided equipment
- Self-care patient education
- Self-care practice
- Sensory retraining
- Sequencing skills training
- Setting health objective
- Signposting carer to resource



- Signposting family member to resource
- Signposting to information
- Signposting to resource
- Signposting to service
- Signs and symptoms education
- Site visit review of major housing adaptation
- Site visit review of minor housing adaptation
- Site visit review of new housing development
- Skills training
- Sliding transfer training
- Social skills training
- Social support
- Standing transfer training
- Support for transitions between environments
- Support for transitions at home and in the community
- Task adaptation
- Therapeutic stretching
- Toilet modification
- Toilet practice
- Toilet training education
- Training carer to use moving and handling techniques
- Training family member to use moving and handling techniques
- Training for access to educational opportunities
- Training friend to use moving and handling techniques
- Training in extending range of activities of daily living
- Training in personal energy conservation
- Training in use of compensatory skills
- Training relating to psychosocial functioning
- Training staff member to use moving and handling techniques
- Training to manage personal hygiene
- Training to use public transport
- Transfer practice
- Upper limb exercises



- Use of activities to increase active range of joint movement
- Use of activities to increase passive range of joint movement
- Use of behavioural modality for occupational performance
- Use of cognitive modality for occupational performance
- Use of instructional scaffolding technique through guided practice
- Use of physical modality for occupational performance
- Use of projective technique
- Use of psychosocial modality for occupational performance
- Use of purposeful activity
- Using therapeutic relationship
- Vocational rehabilitation
- Vocational resettlement
- Vocational retraining
- Vocational training
- Weight and pulley systems using proprioceptive neuromuscular facilitation patterns
- Wheelchair transfer practice
- Work analysis
- Work placement
- Work simulation
- Work-oriented specific training
- Workstation modification
- Writing skills training

Total: 208 SNOMED subset members

Further information

This document should be considered in conjunction with the following information and occupational therapy subsets:

- Overview: Occupational therapy language and SNOMED CT
- Assessments used by occupational therapists
- Problems in occupational performance recorded by occupational therapists
- Goals of occupational therapy intervention.

Subsets and additional information can be found on the College of Occupational Therapists' website at: <https://www.cot.co.uk/outcomes-and-record-keeping>.

For further enquiries please contact Mandy Sainty, R&D Manager at: mandy.sainty@cot.co.uk.