



6. Other useful subsets for occupational therapists

The routine use of occupational therapy terminology is one of the essential information building blocks that will support the profession to measure, evaluate and demonstrate the effectiveness of interventions with service users and carers. The College of Occupational Therapists, in collaboration with its members, has developed a number of occupational therapy subset standards which should be used for all service user care records, whether they are stored digitally or on paper.

SNOMED CT includes over 400,000 clinical phrases, and these will provide a number of other terms which will be of relevance to occupational therapy practice, in addition to the occupational therapy subsets.

The subsets which may be useful to occupational therapists include terms related to:

- ❖ **Activities of daily living**
- ❖ **Discharge planning**
- ❖ **Care plan goals values**
 - Goal achieved
 - Goal achievement status unknown
 - Goal not achieved
 - Goal not attainable
 - No progress toward goal
 - Some digression away from goal
 - Some progress toward goal.
- ❖ **Mobility findings**
- ❖ **Joint movement findings**
- ❖ **Pain aggravating and Pain easing factors**
- ❖ **Posture findings**
- ❖ **Spine movement findings**
- ❖ **Safeguarding issues**

The search function of an electronic care record system should facilitate identification of other relevant terms. The terms available can also be explored via a SNOMED CT Browser:

<http://systems.digital.nhs.uk/data/uktc/snomed/browser>.



Further information

This document should be considered in conjunction with the following information and occupational therapy subsets:

- Overview: Occupational therapy language and SNOMED CT
- Assessments used by occupational therapists
- Problems in occupational performance recorded by occupational therapists
- Goals of occupational therapy intervention
- Interventions recorded by occupational therapists.

Subsets and additional information can be found on the College of Occupational Therapists' website at: <https://www.cot.co.uk/outcomes-and-record-keeping>.

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