



Simple skills and knowledge audit

To be deemed as 'competent' you need a combination of knowledge, skills, and behaviours. You may learn knowledge and skills through professional training and/or experience and continuing professional development, but these elements alone are not necessarily what make you a good or safe practitioner. You must also demonstrate behaviours that promote and protect the wellbeing of service users and their carers, the wider public, and the reputation of employers and the profession.

This is not a formal or comprehensive audit, but each point below is intended as a trigger for you to consider the knowledge, skills and behaviours required of an occupational therapist. Tick under yes ✓, no ✗, or unsure? You may not need all of these areas for your future work, but if you answer no, or unsure to any point, these may be learning needs for you.

Capabilities	✓	✗	?	Possible resources
Context and landscape				
Current legislation and policy				
Professional/Registration body requirements				
Practice and process				
Diversity of practice/role				
Knowledge, understanding and skills				
Occupation-centred practice				
Occupational performance				
Assessments				
Equipment				
Safe working practice				
Record Keeping				
Written and electronic record keeping				
Legislation around record keeping				
Informatics				
Leadership				
Advocacy				
Management				
Supervision and delegation				
Collaborative working				
Team working				
Communication skills				
Networking				
Partnership-working				
Informed practice				
Finding and using the guidance/ evidence				
Accessing the wisdom/expertise				

