The workplace
Hospitals and rehabilitation services
Community healthcare
GP practices
People’s homes

Where we deliver our services

rcot.co.uk/work
Looking for an occupational therapist?
rcot.co.uk/find-occupational-therapist
Occupational therapy is about understanding an individual’s abilities and finding the right solutions for their circumstances.

Who we work with

We are contracted to deliver services by a range of organisations and teams involved with employment.
- Employers
- Human resources teams
- Facilities, and health and safety teams
- Occupational health teams
- Public healthcare – statutory services
- Insurance companies
- Private healthcare
- Case managers
- GPs and specialist consultants
- Legal teams and solicitors

How occupational therapists can help in the workplace

- Assess a person’s physical and psychological wellbeing to find solutions
- Analyse job task demands
- Carry out assessments to match abilities to tasks
- Carry out ergonomic assessment of tasks, posture, tools and equipment
- Review environmental factors
- Produce detailed reports (eg, AHP Health and Work Report)

- Implement reasonable adjustments and return-to-work plans
- Educate for prevention and condition management
- Prevent work ill health using risk assessments
- Monitor sickness absence
- Offer career redirection, planning and job matching
- Work rehabilitation – practice work tasks, behaviour and support