Personal Protective Equipment (PPE) advice and guidance

The Royal College of Occupational Therapists (RCOT) is clear that members who are on the frontline or in high-risk community-based health settings should not be placed at risk by the provision of insufficient or inadequate Personal Protective Equipment (PPE). RCOT aims to keep members informed of the latest government PPE advice.

### Overview – For known or suspected cases of Covid-19 and people in vulnerable groups

<table>
<thead>
<tr>
<th>Acute hospital high risk areas</th>
<th>Acute hospital</th>
<th>Primary, Community and Social care services, including people’s homes</th>
</tr>
</thead>
<tbody>
<tr>
<td>This includes: Critical care, HDU, designated areas within Emergency Departments and exposure to Aerosols Generating Procedures (AGPs).</td>
<td>This includes: Acute hospital inpatient and emergency departments, mental health, learning disability and autism settings.</td>
<td></td>
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</tbody>
</table>

**At all times**
- ✔ FFP3 respirators. FFP2 and N95 respirators may be used if FFP3 are not available. (sessional, single use for AGP)
- ✔ Fluid resistant gown (sessional, single use for AGP)
- ✔ Plastic Apron (not required for AGP)
- ✔ Gloves (single use)
- ✔ Eye protection (sessional, single use for AGP)

**Within 2 metres**
- ✔ Fluid resistant surgical mask (sessional use)
- ✔ Plastic apron (single use)
- ✔ Gloves (single use)
- ✔ Eye protection (sessional use)

**2 metres or more**
- ✔ Fluid resistant surgical mask (sessional use)
- ✔ Eye protection (risk assess – sessional use)

**Within 2 metres**
- ✔ Plastic apron (single use)
- ✔ Gloves (single use)


### Where to find further advice and guidance

**RCOT COVID-19 advice:** [www.rcot.co.uk/coronavirus-covid-19-0](http://www.rcot.co.uk/coronavirus-covid-19-0)
- *Frequently asked questions*  
- *RCOT statement on occupational therapists access to PPE*


**Health and Care Professions Council (HCPC)**

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rcot.co.uk