This hOT Topic contains information relating to occupational therapy for chronic pain.

This hOT Topic is a starting point and overview of key readings including articles, books and selected websites for members of the College of Occupational Therapists relating to chronic pain. This Bulletin is not exhaustive and does not provide information about all issues that affect occupational therapists.

To order articles please request a photocopy form from the library. The form can also be downloaded from our website (www.cot.org.uk). Please note all photocopies will now be supplied at a standard charge of £3.00 per article. This includes postage and handling. A maximum of six articles can be ordered at any one time. This service is only available to BAOT members.

JOURNAL ARTICLES NOT AVAILABLE FROM COT LIBRARY


INTERNET RESOURCES

The British Pain Society
http://www.britishpainsociety.org/
Multidisciplinary professional organisation in the field of pain within the UK.

National Pain Audit
http://www.nationalpainaudit.org/
The National Audit of Pain Services has been initiated to collect detailed data on pain services. The three year study aims to improve NHS services for people affected by chronic pain and will establish a national data collection system which will enable services to monitor performance, share data, feedback and consensus of interested parties.

The Physiotherapy Pain Association
http://ppa.csp.org.uk/about-ppa
For Chartered Physiotherapists and other practitioners involved in the treatment of patients with acute or chronic pain.
Pain Toolkit
http://www.paintoolkit.org/
The Pain Toolkit is a website for people who live with persistent pain where a simple information booklet can be downloaded that could provide some handy tips and skills to support them along the way to managing their pain.

Action on Pain
http://www.action-on-pain.co.uk/
Providing support and advice for people who are affected by chronic pain.

Pain Concern
http://painconcern.org.uk/
A registered charity that aims to bring together people living with pain and healthcare professionals specialising in this area to provide support and information and to campaign and advocate for better awareness, understanding, treatment and management of pain.

The Pain Research Forum
http://www.painresearchforum.org/about/mission
Launched in June 2011 to provide a place for members of the international pain research community to engage in an open exchange of information and ideas.

The Pain Relief Foundation
http://www.painrelieffoundation.org.uk/
Provides information about the organization and its funding of research, education and treatment methodologies in pain management.

Chronic Pain Policy Coalition
http://www.policyconnect.org.uk/cppc/
The Chronic Pain Policy Coalition is a forum established in 2006 to unite patients, professionals and parliamentarians in a mission to develop an improved strategy for the prevention, treatment and management of chronic pain.

A Way with Pain
http://www.awaywithpain.co.uk/
Providing information and support to people living with chronic pain.

Chronic Pain Scotland
http://chronicpainscotland.org/
The site has been developed for patients, their carers and the public as well as healthcare professionals with an interest in chronic pain.
hOT topic – a service to members

BOOKS/REPORTS/THESES (in COT library unless stated)


Pennell Joanne (2011) Women’s experiences of the effect of recurrent low back pain upon the things that they do: a qualitative exploration. Brunel University, MSc.

Lovell Cara (2010) What changes in perceived work readiness are made during a three week chronic pain management programme? MSc, Sheffield Hallam University.

Gadsby Nichola (2009) A systematic literature review exploring the impact of chronic pain upon the quality of life for children and young people with a physical disability Northampton University, MSc.


BOOKS/REPORTS/THESES not in the COT library

