

# Welcome to RCOT

Presented by  
Claudia Anderson



# Who we are

We're RCOT, the Royal College of Occupational Therapists. We've championed the profession and the people behind it for over 90 years; today, we're thriving with 36,000 members



# Our Vision

People everywhere value the  
life-changing power of  
occupational therapy.

# power



# Championing occupational therapy



# Championing OT and elevating the profession



Launch of our first workforce strategy and national action plans



Influencing policy and government across all 4 nations



Putting inclusion and EDB at the heart of everything we do



Raising awareness of the power of OT through our annual campaigns and OT week



Funding to support research and innovation




Recognising excellence and lifetime achievement with our RCOT awards

# Supporting you to develop and thrive



# Why is CPD so important?

Developing **good CPD habits** is key to all occupational therapists to keep their knowledge and skills up to date to ensure safe and effective practice, and to comply with HCPC CPD standards.



We advocate for everyone feeling confident with recording CPD to help you feel as prepared as possible for future CPD audits.



Recognising what counts as CPD and having a place to record your reflections are key components to **support your lifelong learning** and career development.

# Your CPD Portfolio

A place to capture your lifelong learning and development, no matter your role or career stage

Join the thousands of members who are already using it!

Members tell us they love being able to record CPD and evidence on the go, and that it's very easy to use

Supports you to meet the HCPC CPD standards



# Making a difference to members...

I'm using the portfolio all the time, and I've presented about it to my team!

It's so easy to use – I love being able to save and see everything to do with my CPD in one place.

Thank you for introducing an online portfolio, I'm making time once a month to go back through my diary and record all learning activities.



# Supporting your learning



CPD portfolio - taking the stress out of audit



Helping you to understand and meet the HCPC CPD standards



Career development framework to plot your progress and career journey



Evidence spotlights and practice guidelines



Access to our digital library and peer reviewed research to improve your practice with BJOT

# RCOT Digital Library

- Available 24/7
- All career stages - tailored & specialist
- CINAHL and Medline databases (linking to full text articles)
- Catalogue - including details of RCOT publications
- Information skills guides and enquiry service

**library@rcot.co.uk**  
**020 3141 4727**

**Lorna Rutherford**  
**Alice Ford-Smith**

# Supporting research

-  Research Connect  our **research network** and monthly **Research Cafes**
-  Research and Innovation Fund  funding for research
-  Evidence-based guidelines  to support evidence informed practice

# Connecting with your community




# Connecting with your community

New RCOT communities platform  
launching soon



Events and networking opportunities



Volunteering – new volunteer roles,  
including learner ambassadors



Join our vibrant Research connect  
network



Connect with changemakers through  
the Innovation hub

# Meet one of our new Learner Ambassadors!





# Keeping you in the loop

- *OTnews*, your monthly membership magazine
- *Highlight*, your monthly email update
- Social media stories and news
- Regional updates
- R&D Bulletin, your research newsletter
- *BJOT* (British Journal of Occupational Therapy)



# Connect with us on social



Royal College of Occupational Therapists  
28,572 followers  
1mo •



Our Patron, Her Royal Highness The Princess Royal's visit to West of Scotland Hospital in Whitehaven featured on ITV News Border yesterday. ...more



Royal College of Occupational Therapists  
Published by Loomly  
November 22 at 8:00 AM •

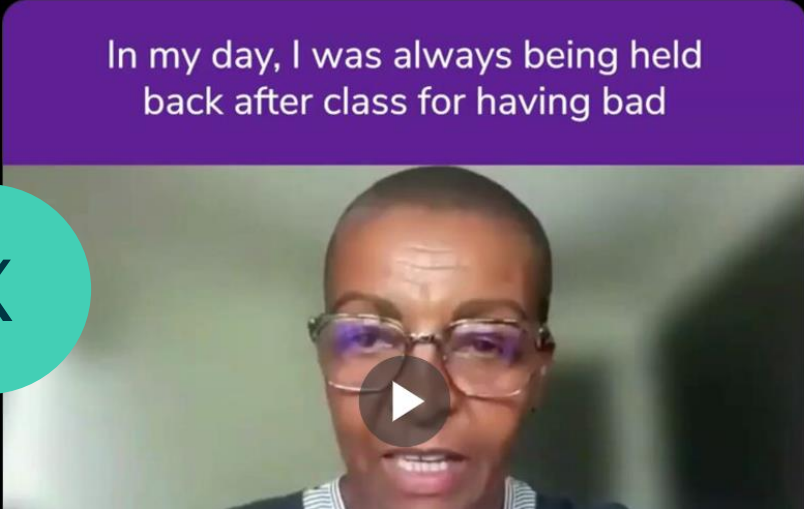


What's your specialist area?

We want to show the range of disciplines occupational therapists work across!



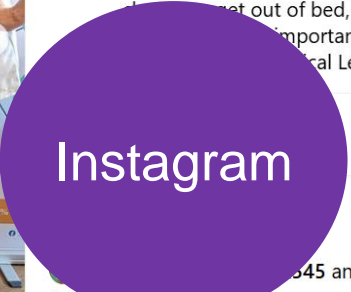
Royal College of Occupational Therapists @theRCOT · Nov 8  
Bridgerton star @andoh\_adjoa joins our #OTWeek24 campaign, sharing her personal experience of dyspraxia and the life-changing power of occupational therapy for her daughter Jesse's dyspraxia. She also calls for OTs to be present in every school.   
Blog [loom.ly/UJ3KGz8](https://loom.ly/UJ3KGz8)



the.rcot



the.rcot How do you increase physical activity, hydration, social interaction? A mocktail party, of course!   
As part of their campaign: Get Dressed, Get Moving, @w patients enjoyed vibrant, non-alcoholic cocktails like zest Blast, pink lemonade and tangy Lemon Drop.   
'It's about making therapy fun. These sessions give our p... get out of bed, laugh, and engage with one an... important part of their recovery journey... al Lead Occupational Therapist.



# Here when you need us most



# Professional advice and representation

- Professional Advice Service (PAS) helpline, guidance and support groups
- HCPC audit support
- Workplace representation with Unison membership
- Professional Indemnity Insurance up to £10million per member
- Financial support through our hardship fund to keep you connected with your community

# Questions?





# Resources

- [About the Professional Advisory Service - RCOT](#)
- [Supporting you with the HCPC CPD audit - RCOT](#)
- [UNISON Support & Practice Resources \(Members Only\) - RCOT](#)
- [Our Guide to RCOT Insurance & Tax Relief for Members](#)

# Contacts

- **Membership Excellence team**
- Email - [membership@rcot.co.uk](mailto:membership@rcot.co.uk)
- Call - +44 (0)20 3141 4648
  
- **PAS Service**
- [professional.advisoryservice@rcot.co.uk](mailto:professional.advisoryservice@rcot.co.uk)
  
- **Library Service**
- [library@rcot.co.uk](mailto:library@rcot.co.uk)