

My CPD portfolio journey so far

Learned about the new CPD portfolio member benefit and watched the RCOT/ CPDme webinar

Started using the CPD portfolio and realised how quick and simple it was to record CPD

Presented to workplace, and decision made to embed this across all three OT programmes

Approached RCOT and co-delivered a workshop at a practice educator conference

Sharing my story with other members today!

February – August 2024

My reasons for using the CPD portfolio

- CPD is ALWAYS on my 'to do list' but I never seem to have any time!
- I liked the idea of everything to be stored together in one place
- I really felt as though it was time to practice what I preached and to be able to show students how I logged my CPD
- The webinar talked about being able to log a diary entry in the same amount of time as brushing teeth – I had no excuse!
- A constant fear of being selected by the HCPC!

My reflections

- More organised and have everything stored in one place
- Feel much more confident talking to students about their portfolios
- Opportunity for all staff within the team to use the RCOT portfolio to really embed the usage at the University of Sunderland
- An opportunity for learners to use the portfolio whilst on placement which would mean that on qualifying, they are already proficient in logging CPD effectively
- A feeling of relief

My top tips and favourite features

My 2 top tips would be:

- Get the diary entry done and finish it later if you need to!
- Use the reflective tools – it guides you through your reflections

My 2 favourite features:

- The tagging!
- The pretty graphs!

Wide reaching impact of my actions

Touch points
with RCOT

