

Maximise your RCOT Membership

Presented by
Ruth Mullan
Head of Member Experience



Our speakers

Steve Ford, CEO

Dr Nikki Daniels, Head of Communities and Connections

Anne Keen, Professional Advisory Service Manager

Savania China, Head of Inclusion and Involvement

Suhailah Mohamed, Head of Practice and Workforce

Dr Elizabeth Taylor, Research and Development Manager



Introduction from Steve Ford



Supporting your professional development



The professional development team

- Supporting members at every career stage
- Recognise, record, and reflect on CPD and lifelong learning
- Career growth using the Career Development Framework
- Occupation at the forefront of practice

Your very own CPD portfolio

- A place to capture your lifelong learning and development, no matter your role or career stage
- Thousands of members have signed up already!
- Members tell us they love being able to record CPD and evidence on the go, and that it's very easy to use
- Supports you to meet the [HCPC CPD standards](#)

Making a difference to members...

It's so easy to use
– I love being able
to save and see
everything to do
with my CPD in
one place.

I'm using the
portfolio all the
time, and I've
presented about it
to my team!

Thank you for
introducing an online
portfolio, I'm making
time once a month to
go back through my
diary and record all
learning activities.

The Career Development Framework



Create good CPD habits

- Recognise, record and reflect on the CPD you already do as part of your everyday
- Get familiar with what's expected by HCPC
- Use your CPD portfolio to stay on track
- CPD in teams and with others – we're each other's greatest resource!
- RCOT cafes, communities, events, library.....



RCOT communities



RCOT regions



North West



Scottish Western



Scottish Northern



Scottish Eastern



Northern Ireland



Northern & Yorkshire



Wales (Cymru)



Trent



South West



West Midlands



South East



London



Eastern



RCOT Specialist sections



Children,
young people
& families



Neurological
practice

Housing



Older
people

Independent
practice



People with
learning
disabilities

Major health
conditions



Work

Mental health



Trauma &
musculoskeletal
health



Welcome

Noticeboard

Find others

Share and discuss

Join a community

Help

Feedback

Admin Panel

RCOT Communities

A place for RCOT members to connect, collaborate and learn
(Currently open to invited members only)



Welcome back, Nikki Daniels 🙌

Profile completion 61%



Keep your profile up to date



Join or start a discussion



Connect with a community

Communities and connections



We are improving our communities at RCOT. Will you help us create communities where all members belong?



We want to create a place where all our members can come together and engage with each other. Where they can engage in CPD activities. Where we can support them in their careers. A place that enables and empower members to maintain occupation as central to their practice...”

Supporting you in practice



Professional Advisory Service (PAS)

- Anne Keen, Professional Advisory Service (PAS) Manager.
- HCPC registered occupational therapist (30 years).
- RCOT member since 1991.
- Clinical experience: adult mental health, specializing in psychoses. NHS 22 years.
- Worked at RCOT since 2016.

What does PAS do?

- PAS [About the Professional Advisory Service - RCOT](#) is a RCOT member-benefit and we are here to help you with all aspects of professional practice in the workplace such as:
 - Returning to practice [Guidance on Returning to Practice in Occupational Therapy - RCOT](#)
 - Fitness to practice [Fitness to Practice - RCOT](#)
 - Supervision [Supervision - RCOT](#)
 - Scope of practice [Occupational Therapy Scope Of Practice \(Members Only\) - RCOT](#)
 - Insurance [Our Guide to RCOT Insurance & Tax Relief for Members](#)
- PAS has three team members – Kewcha (Professional Advisory Service Co-ordinator), Rachael (Professional Advisor and occupational therapist) and me!

How to contact PAS

- If you have any questions about your occupational therapy practice, are concerned about a situation at work, would like to know more about working in a different clinical setting, or anything related to being an occupational therapist or a member of the occupational therapy support workforce [OT Support Workforce Hub - RCOT](#), then get in touch!
- We are here to support and help you.
- You can email us (see 'Key contacts' slide for address) or call [020 3141 4630](tel:02031414630). We're open Monday to Friday from 9am to 5pm.

UNISON

- All RCOT members are members of UNISON (except for those who are wholly self-employed or employed overseas).
- UNISON represents members in many ways, from advising and supporting individual members about a problem at work, to using its voice to influence decision-making at a national level, that will affect all occupational therapy staff.
- RCOT and UNISON work together to make sure our members concerns are heard – whether it's about pay, health and safety, discrimination or the future direction of occupational therapy services.
- [UNISON Support & Practice Resources \(Members Only\) - RCOT](#)

Equity, Diversity, and Belonging (EDB)



EDB Activities

- EDB Strategy & Detailed Action Plan
- Toolkits
 - EDB Critical Self Awareness Toolkit - July 2024
 - Discrimination Support and Allyship Toolkit - Sept 2024
- EDB Insight sessions -
 - Allyship – March 2024
 - Antisemitism - May 2024
 - Islamophobia - 17th July 2024
 - Menopause - October 2024

EDB Benefits for Members

- More knowledge and understanding
- Improved cultural competence/intelligence = improved professional competence and best practice.
- Meeting HCPC standards of proficiency
- More inclusive and fair workplaces for OTs
- Support for members affected by discrimination and external geopolitical events & developments
- Better health, wellbeing, and life outcomes

How Members can get Involved

- Engage with and use toolkits
- Attend EDB insights sessions and use other learning resources
- Join and participate on the Communities Platform
- Share insights from professional and personal lived experiences
- Participate in staff networks and share best practice
- Allyship/Volunteering

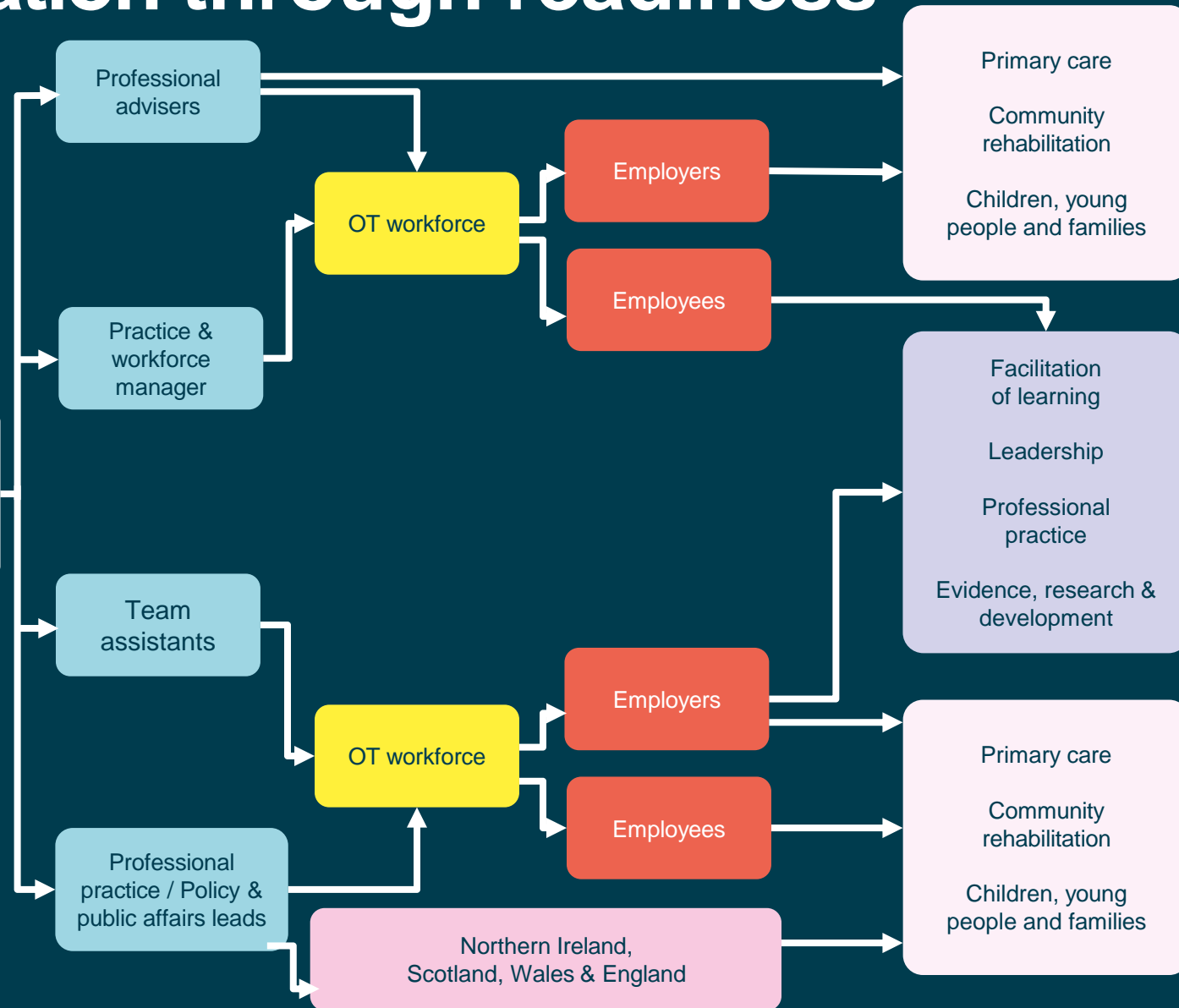
Practice and Workforce



Modernisation through readiness

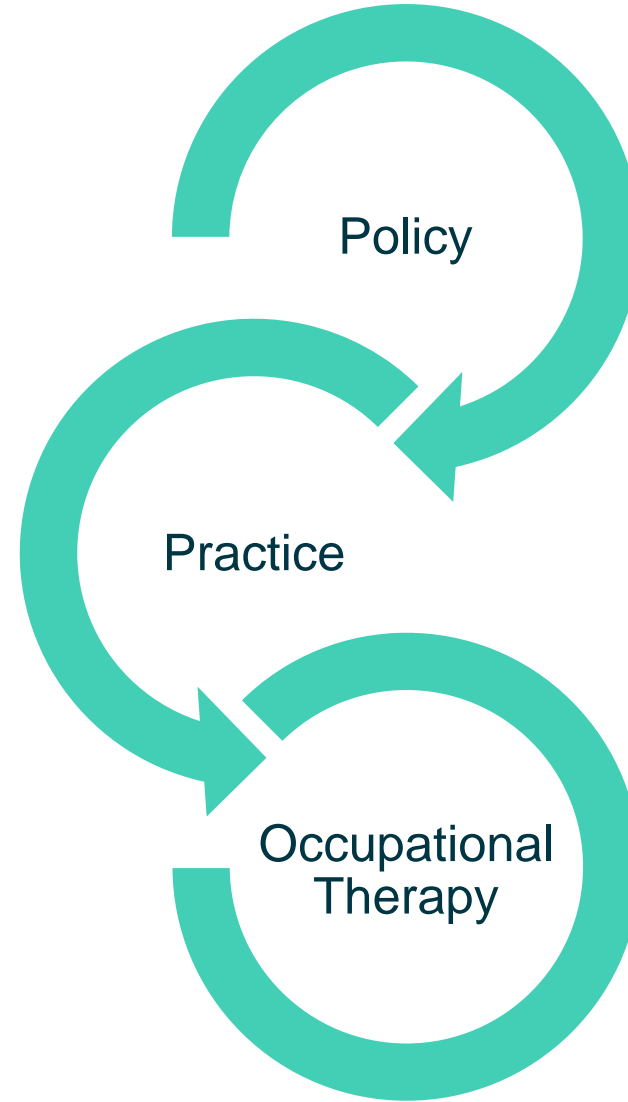


Practice & workforce



**Function of the
Practice
and Workforce
team:**

Influencing



How do we influence?

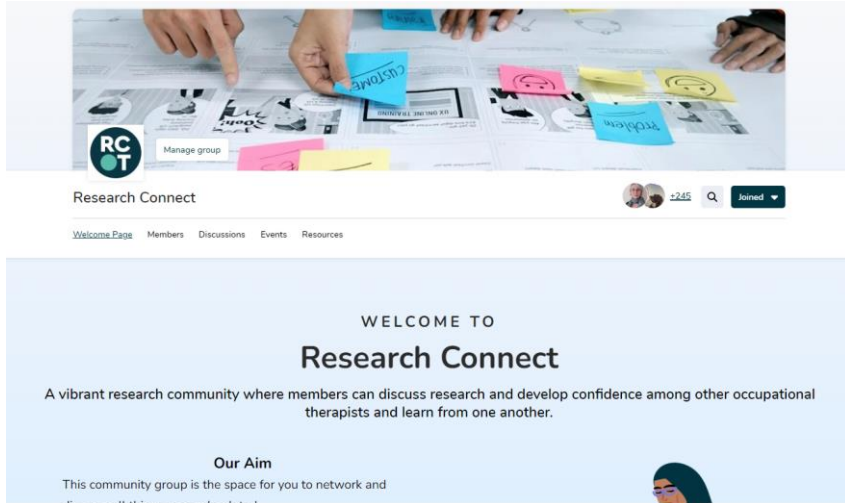
- Policy and public affairs for Scotland, Northern Ireland, England and Wales
- Consultations: Policy and practice
- Professional networks: Workforce strategy advisory groups, Leadership forum, Primary care network
- National workforce reform workshops
- Workforce survey every 3 years

Research and Innovation

Research and Development
Innovation
Library



Research and Development



Join Research Connect and start a conversation

Come to a research café, or get in touch if you would like to lead one or request a topic

Sign up to the R&D email bulletin

Use our evidence-based guidelines

Join our next guideline development group

Apply for funding

RCOT Innovation hub

Access a searchable database
of occupational therapy focused real-
world change projects

Collaborate with other change makers

Extend the reach of your ideas

www.rcot.co.uk/innovation-hub



RCOT Digital Library

Online resources & services

- E-books & theses
- Online databases & f/t articles
- Information skills guides
- Enquiry service

Benefits to you

- All career stages
- Tailored & specialist
- Always available 24/7
- Complement other collections
- A constant resource

Contacts

library@rcot.co.uk

020 3141 4727

Lorna Rutherford
Alice Ford-Smith

Questions?

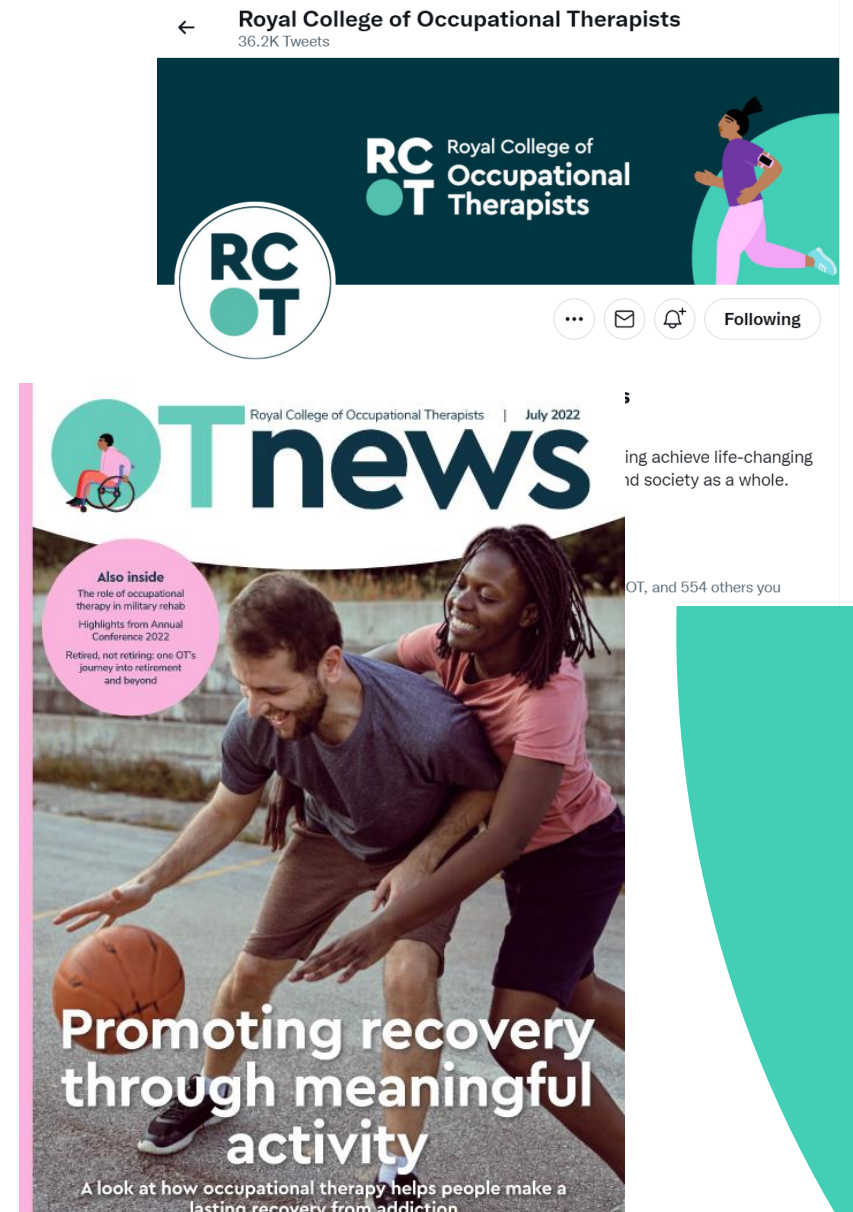


Your wider member benefits



Keeping members in the loop

- *OTnews*, our monthly members magazine
- Social media
- *Highlight*, our monthly email update
- Regional and Specialist Sections updates
- R&D Bulletin – our research newsletter
- BJOT (British Journal of Occupational Therapy)



Events

- Two-day member led Annual Conference
- Exclusive member only CPD events
- Dedicated Specialist Sections and regional events
- Access to a calendar of exciting external events for OTs



Key resources

- Gain access to the [PAS service](#)
- Learn more about our [CPD resources](#)
- Find further information about our [Regions](#)
- Look through our [Specialist Sections](#)
- Browse through our [Library](#)
- Find out more on upcoming [events](#)
- Find out more about our [Research](#) resources
- Learn about the membership benefit of [indemnity insurance](#)

Connect with us on social media

- **Twitter (X):** [@theRCOT](https://twitter.com/theRCOT)
- **Facebook:** [Royal College of Occupational Therapists](https://www.facebook.com/RoyalCollegeofOccupationalTherapists)
- **Instagram:** [@the.rcot](https://www.instagram.com/the.rcot)
- **LinkedIn:** [Royal College of Occupational Therapists](https://www.linkedin.com/company/RoyalCollegeofOccupationalTherapists)



Key contacts

Membership Excellence team

Email - membership@rcot.co.uk

Call - +44 (0)20 3141 4648

PAS Service

professional.advisoryservice@rcot.co.uk

Professional Development team - prof.dev@rcot.co.uk

Twitter: @CPD_RCOT

Practice and Workforce team - Suhailah.Mohamed@rcot.co.uk

