

# Transitioning to Retirement

Presented by  
Claudia Anderson  
Membership Engagement Manager



# Today's agenda

**Helen Tomes**

*Guest speaker and RCOT member*

**Sue Hilsdon**

*Guest speaker and RCOT member*

**Suhailah Mohamed**

*Head of Practice and Workforce at RCOT*

**Rachael Harrison**

*Professional Advisor – PAS Team*



# Panel Discussion



# Occupational Therapy Workforce Strategy

2024–2035

Suhailah Mohamed

Head of Practice and Workforce



# Our vision

Our vision is for an expanded occupational therapy workforce positioned to have maximum impact in improving people's health and quality of life.

By 2035 we will have an occupational therapy workforce that is:

- confident and skilled in championing inclusion
- based primarily within communities
- positioned to focus on prevention and early interventions
- putting occupations at the forefront of their practice.



# How will we achieve our vision?

We will achieve this through our four workforce priorities:

## Optimising occupational therapy



### We will:

- **support** occupational therapy practitioners to be changemakers, using their skills and knowledge to lead and co-design innovative products, interventions and services that improve people's lives and wellbeing
- **champion** innovative service delivery models that improve access to occupational therapy and achieve health equity for all.

# How will we achieve our vision?

We will achieve this through our four workforce priorities:

## Retention and career development



### We will:

- **support and promote** the development of all occupational therapy practitioners, especially those from historically marginalised and under-represented communities, to be where they want to be, at each stage in their career
- **build** our profession's capacity, confidence, and capability to incorporate leadership, learning, research, and innovation into practice.

# How will we achieve our vision?

We will achieve this through our four workforce priorities:

## Demonstrating value and impact



### We will:

- **build** our real-world and research evidence for occupational therapy and justify investment in the occupational therapy workforce by quantifying the impact
- **work with our leaders** to put the case for how and where to deploy our expertise to add the most value for people and their families, the wider health and care system and to avoid critical shortages within the occupational therapy workforce.



# How will we achieve our vision?

We will achieve this through our four workforce priorities:

## Effective workforce planning

### We will empower the occupational therapy workforce to:

- **contribute to**, access, and use the workforce planning data and intelligence available to them
- **use the data** and intelligence to make informed decisions about their positioning within the health and care system.



# Opportunities to get involved

You can:

- join one of our [advisory groups](#)
- record a 60 second video on *What the occupational therapy workforce strategy means to you, your service and the populations you serve* and send it to [practice.workforce@rcot.co.uk](mailto:practice.workforce@rcot.co.uk)
- share your stories, case studies and service examples with our [innovation hub](#)
- talk to people about the strategy and action plan.

# Professional Advisory Service (PAS)

You can contact us at:

[professional.advisoryservice@rcot.co.uk](mailto:professional.advisoryservice@rcot.co.uk)

or via 020 3141 4630.

We are open Monday to Friday from  
9am to 5pm.



# What can PAS support you with?

- PAS supports with a range of queries. Please just ask!
- You may (for example) have a query regarding RCOT membership, or HCPC registration. People in the retired members category should not be on the HCPC register or they should not intend re-registering at the next auto renewal period.
- You may want to discuss insurance - retired members do not have professional indemnity insurance cover. Run off insurance is available to those that were RCOT professional members at the time of any historic claim.

# What does the HCPC advise retired members?

- People can be retired/off the register and keep in contact/be involved with their profession. The HCPC do not specify what this means.
- To retire from the HCPC register, you need to log into your online account and complete the online voluntary deregistration request form.
- If you still have a question about leaving the HCPC register, please contact their Registration team on [registration@hcpc-uk.org](mailto:registration@hcpc-uk.org)

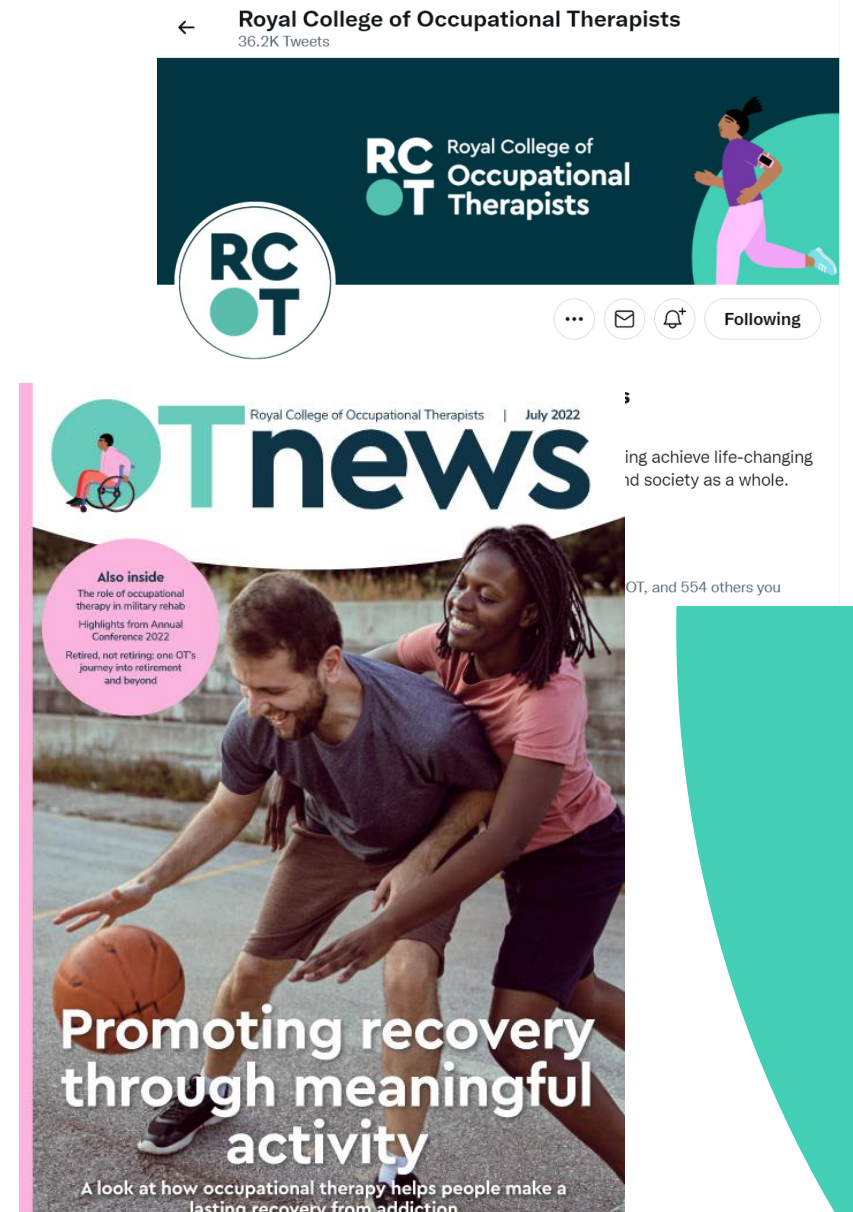
# Make the most of your membership

- **Develop yourself and the profession** with CPD portfolio and funding, recognition awards and much more!
- **Connect with peers** through our regional and specialist section community events, networks and our annual conference.
- **Access representation** when you need it most with our PAS service.
- **Join our campaigns**, from influencing government policy to OT week - share your story and inspire others.



# Keeping members in the loop

- *OTnews*, our monthly members magazine
- Social media updates and discussions
- *Highlight*, our monthly email update
- Regional and Specialist Sections updates
- R&D Bulletin – our research newsletter
- BJOT (British Journal of Occupational Therapy)





# Connect with us on social media

- **Twitter (X):** [@theRCOT](https://twitter.com/theRCOT)
- **Facebook:** [Royal College of Occupational Therapists](https://www.facebook.com/RoyalCollegeofOccupationalTherapists)
- **Instagram:** [@the.rcot](https://www.instagram.com/the.rcot)
- **LinkedIn:** [Royal College of Occupational Therapists](https://www.linkedin.com/company/RoyalCollegeofOccupationalTherapists)





# Questions?



# Key resources

- Gain access to the [PAS service](#)
- Learn more about our [CPD resources](#)
- Find further information about our [Regions](#)
- Look through our [Specialist Sections](#)
- Browse our Digital [Library](#)
- Find out more on upcoming [events](#)
- Find out more about our [Research](#) resources
- Learn about the membership benefit of [indemnity insurance](#)

# Key contacts

## Membership Excellence team

Email - [membership@rcot.co.uk](mailto:membership@rcot.co.uk)

Call - +44 (0)20 3141 4648

## PAS Service

[professional.advisoryservice@rcot.co.uk](mailto:professional.advisoryservice@rcot.co.uk)

Professional Development team - [prof.dev@rcot.co.uk](mailto:prof.dev@rcot.co.uk)

Twitter: @CPD\_RCOT

Practice and Workforce team - [Suhailah.Mohamed@rcot.co.uk](mailto:Suhailah.Mohamed@rcot.co.uk)

