

# Welcome to RCOT

Presented by  
Claudia Anderson



# Jargon buster

- RCOT – Royal College of Occupational Therapists
- CPD - Continuing professional development
- HCPC - Health and Care Professions Council
- CDF - Career development framework

# Who are we?

We've championed the profession and the people behind it for over 90 years; and today, we are thriving with over 36,000 members.

We're here to help achieve life-changing breakthroughs for our members, for the people they support and for society as a whole.

We give members opportunities to learn, research, teach, practice and continuously improve their knowledge and skills.

We work with healthcare commissioners, political leaders and others to position occupational therapy as a solution at the heart of health and social care.



# Championing occupational therapy



# Championing OT and elevating the profession



Launch of our first workforce strategy and national action plans



Influencing policy and government across all 4 nations



Putting inclusion and EDB at the heart of everything we do



Raising awareness of the power of OT through our annual campaigns and OT week



Funding to support research and innovation




Recognising excellence and lifetime achievement with our RCOT awards

# Supporting you to develop and thrive



# Why is CPD so important?

Developing **good CPD habits** is key to all occupational therapists to keep their knowledge and skills up to date to ensure safe and effective practice, and to comply with HCPC CPD standards.



We advocate for everyone feeling confident with recording CPD to help you feel as prepared as possible for future CPD audits.



Recognising what counts as CPD and having a place to record your reflections are key components to **support your lifelong learning** and career development.

# Your CPD Portfolio

A place to capture your lifelong learning and development, no matter your role or career stage

Join the thousands of members who are already using it!

Members tell us they love being able to record CPD and evidence on the go, and that it's very easy to use

Supports you to meet the HCPC CPD standards





Emma Grover

# Making a difference to members...

I'm using the portfolio all the time, and I've presented about it to my team!

It's so easy to use – I love being able to save and see everything to do with my CPD in one place.

Thank you for introducing an online portfolio, I'm making time once a month to go back through my diary and record all learning activities.

# Supporting your learning



CPD portfolio - taking the stress out of audit



Helping you to understand and meet the HCPC CPD standards



Career development framework to plot your progress and career journey



Evidence spotlights and practice guidelines



Access to our digital library and peer reviewed research to improve your practice with BJOT

# RCOT Digital Library

- Available 24/7
- All career stages - tailored & specialist
- CINAHL and Medline databases (linking to full text articles)
- Catalogue - including details of RCOT publications
- Information skills guides and enquiry service

**library@rcot.co.uk**  
**020 3141 4727**

**Lorna Rutherford**  
**Alice Ford-Smith**

# Connecting with your community




# Connecting with your community

New RCOT communities platform  
launching soon



Events and networking opportunities



Volunteering – new volunteer roles,  
including learner ambassadors



Join our vibrant Research connect  
network



Connect with changemakers through  
the Innovation hub

# Meet one of our new Learner Ambassadors!





# Keeping you in the loop

- *OTnews*, your monthly membership magazine
- *Highlight*, your monthly email update
- Social media stories and news
- Regional updates
- R&D Bulletin, your research newsletter
- *BJOT* (British Journal of Occupational Therapy)





# Connect with us on social



Royal College of Occupational Therapists

28,572 followers

1mo •

LinkedIn

Our Patron, Her Royal Highness The Princess Royal's visit to Westmorland Hospital in Whitehaven featured on ITV News Border yesterday. ...more



Royal College of Occupational Therapists

Published by Loomly



November 22 at 8:00 AM •

What's your specialist area? 🍀

We want to show the range of disciplines occupational therapists work across!

Facebook



Royal College of Occupational Therapists @theRCOT · Nov 8

Bridgerton star @andoh\_adjoa joins our #OTWeek24 campaign, sharing her personal experience of dyspraxia and the life-changing power of occupational therapy for her daughter Jesse's dyspraxia. She also calls for OTs to be present in every school. 🍀

Blog [loom.ly/UJ3KGz8](https://loom.ly/UJ3KGz8)

In my day, I was always being held back after class for having bad

X



the.rcot



the.rcot How do you increase physical activity, hydration, social interaction? A mocktail party, of course! 🍹

As part of their campaign: Get Dressed, Get Moving, @w patients enjoyed vibrant, non-alcoholic cocktails like zest Blast, pink lemonade and tangy Lemon Drop. 🍹

'It's about making therapy fun. These sessions give our p get out of bed, laugh, and engage with one an important part of their recovery journey. Central Lead Occupational Therapist.

Instagram



45 and 380 others

# Here when you need us most



# Professional advice and representation

- Professional Advice Service (PAS) helpline, guidance and support groups
- HCPC audit support
- Workplace representation with Unison membership
- Professional Indemnity Insurance up to £10million per member
- Financial support through our hardship fund to keep you connected with your community

# Incoming! Your new member benefits and improved digital services

This spring you'll get access to:

- **a new and more user-friendly website** – making it easier to find the information and resources you need
- **RCOT Communities** – an online community engagement platform where you can network and share knowledge
- **a single login** to all your RCOT digital services – including your CPD portfolio, the Digital Library and RCOT Communities
- **an enhanced online member account** – allowing for more personalised experiences based on your preferences and interests
- **a single point of contact** for all your queries – giving you faster response times and more personalised answers.



**All included in  
your RCOT  
membership**

# Questions?



# Resources

- [About the Professional Advisory Service - RCOT](#)
- [Supporting you with the HCPC CPD audit - RCOT](#)
- [UNISON Support & Practice Resources \(Members Only\) - RCOT](#)
- [Our Guide to RCOT Insurance & Tax Relief for Members](#)

# Contacts

- **Membership Excellence team**
- Email - [membership@rcot.co.uk](mailto:membership@rcot.co.uk)
- Call - +44 (0)20 3141 4648
  
- **PAS Service**
- [professional.advisoryservice@rcot.co.uk](mailto:professional.advisoryservice@rcot.co.uk)
  
- **Library Service**
- [library@rcot.co.uk](mailto:library@rcot.co.uk)