Welcome to RCOT

Presented by Claudia Anderson





Jargon buster

- RCOT Royal College of Occupational Therapists
- CPD Continuing professional development
- HCPC Health and Care Professions Council
- CDF Career development framework



Who are we?

- We've championed the profession and the people behind it for over 90 years; and today, we are thriving with over 36,000 members.
- We're here to help achieve life-changing breakthroughs for our members, for the people they support and for society as a whole.
- We give members opportunities to learn, research, teach, practice and continuously improve their knowledge and skills.
- We work with healthcare commissioners, political leaders and others to position occupational therapy as a solution at the heart of health and social care.





Championing occupational therapy





Championing OT and elevating the profession



Launch of our first workforce strategy and national action plans



Influencing policy and government across all 4 nations



Putting inclusion and EDB at the heart of everything we do



Raising awareness of the power of OT through our annual campaigns and OT week



Funding to support research and innovation



Recognising excellence and lifetime achievement with our RCOT awards



Supporting you to develop and thrive





Why is CPD so important?

erapists

Developing good CPD habits is key to all occupational therapists to keep their knowledge and skills up to date to ensure safe and effective practice, and to comply with HCPC CPD standards. We advocate for everyone feeling confident with recording CPD to help you feel as prepared as possible for future CPD audits. Recognising what counts as CPD and having a place to record your reflections are key components to support your lifelong learning and career development. Royal College of Occupational

Your CPD Portfolio

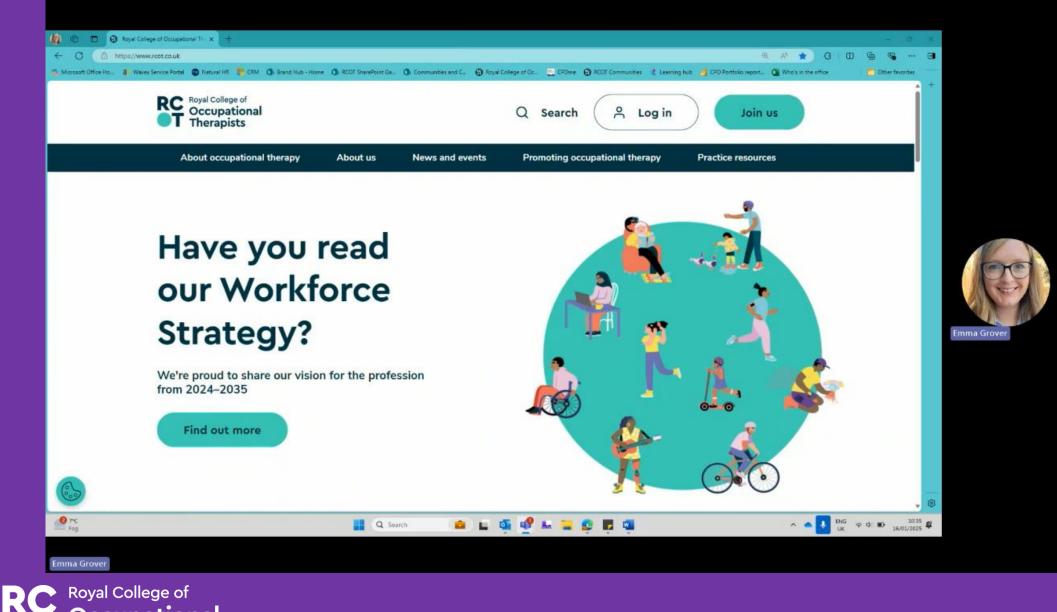
A place to capture your lifelong learning and development, no matter your role or career stage

Join the thousands of members who are already using it!

Members tell us they love being able to record CPD and evidence on the go, and that it's very easy to use

Supports you to meet the HCPC CPD standards





Occupational Therapists

Making a difference to members...

I'm using the portfolio all the time, and I've presented about it to my team!



It's so easy to use – I love being able to save and see everything to do with my CPD in one place. Thank you for introducing an online portfolio, I'm making time once a month to go back through my diary and record all learning activities.

Supporting your learning

CPD portfolio - taking the stress out of audit

Helping you to understand and meet the HCPC CPD standards

Career development framework to plot your progress and career journey

Evidence spotlights and practice guidelines



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Access to our digital library and peer reviewed research to improve your practice with BJOT



RCOT Digital Library

- Available 24/7
- All career stages tailored & specialist
- CINAHL and Medline databases (linking to full text articles)
- Catalogue including details of RCOT publications
- Information skills guides and enquiry service

library@rcot.co.uk 020 3141 4727

Lorna Rutherford Alice Ford-Smith



Connecting with your community





Connecting with your community

New RCOT communities platform launching soon

Events and networking opportunities

Volunteering – new volunteer roles, including learner ambassadors

Join our vibrant Research connect network

Connect with changemakers through the Innovation hub



Meet one of our new Learner Ambassadors!





Keeping you in the loop

- *OTnews,* your monthly membership magazine
- *Highlight,* your monthly email update
- Social media stories and news
- Regional updates
- R&D Bulletin, your research newsletter
- BJOT (British Journal of Occupational Therapy)





Connect with us on social

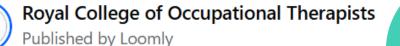
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Royal College of Occupational Therapists 28,572 followers 1mo • 🕤

LinkedIn

Our Patron, Her Royal Highness The Princess Royal's visit to Wes Hospital in Whitehaven featured on ITV News Border yesterday. ...more





November 22 at 8:00 AM · 🚱

What's your specialist area? 🔘

We want to show the range of disciplines occupational therapists work across!

Facebook

Royal College of Occupational Therapists @theRCOT · Nov 8 Bridgerton star @andoh_adjoa joins our #OTWeek24 campaign, sharing her personal experience of dyspraxia and the life-changing power of occupational therapy for her daughter Jesse's dyspraxia. She also calls for OTs to be present in every school.

Blog / loom.ly/UJ3KGz8

In my day, I was always being held back after class for having bad



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the.rcot How do you increase physical activity, hydration social interaction? A mocktail party, of course! 5

As part of their campaign: Get Dressed, Get Moving, @w patients enjoyed vibrant, non-alcoholic cocktails like zes Blast, pink lemonade and tangy Lemon Drop. 🍯

'It's about making therapy fun. These sessions give our p t out of bed, laugh, and engage with one ar portant part of their recovery journey al Lead Occupational Therapist.

Instagram

45 and 380 others

Here when you need us most





Professional advice and representation

- Professional Advice Service (PAS) helpline, guidance and support groups
- HCPC audit support
- Workplace representation with Unison membership
- Professional Indemnity Insurance up to £10million per member
- Financial support through our hardship fund to keep you connected with your community



Incoming! Your new member benefits and improved digital services

This spring you'll get access to:

- a new and more user-friendly website making it easier to find the information and resources you need
- **RCOT Communities** an online community engagement platform where you can network and share knowledge
- a single login to all your RCOT digital services including your CPD portfolio, the Digital Library and RCOT Communities
- an enhanced online member account allowing for more personalised experiences based on your preferences and interests
- a single point of contact for all your queries giving you faster response times and more personalised answers.



All included in your RCOT membership



rcot.co.uk/our-transformation

Questions?





Resources

- About the Professional Advisory Service RCOT
- Supporting you with the HCPC CPD audit RCOT
- UNISON Support & Practice Resources (Members Only) RCOT
- Our Guide to RCOT Insurance & Tax Relief for Members



Contacts

- Membership Excellence team
- Email membership@rcot.co.uk
- Call +44 (0)20 3141 4648
- PAS Service
- professional.advisoryservice@rcot.co.uk
- Library Service
- <u>library@rcot.co.uk</u>

