

RCOT: Your Professional Body

Presented by
Claudia Anderson
Rachael Harrison



Jargon buster

- RCOT – Royal College of Occupational Therapists
- CPD - Continuing professional development
- HCPC - Health and Care Professions Council
- CDF - Career development framework

Who are we?

We've championed the profession and the people behind it for over 90 years; and today, we are thriving with over 36,000 members.

We're here to help achieve life-changing breakthroughs for our members, for the people they support and for society as a whole.

We give members opportunities to learn, research, teach, practice and continuously improve their knowledge and skills.

We work with healthcare commissioners, political leaders and others to position occupational therapy as a solution at the heart of health and social care.



Championing OT and elevating the profession



Launch of our first workforce strategy and national action plans



Influencing policy and government across all 4 nations



Putting inclusion and EDB at the heart of everything we do



Raising awareness of the power of OT through our annual campaigns and OT week



Funding to support research and innovation



Recognising excellence and lifetime achievement with our RCOT awards

Supporting you to develop and thrive



Why is CPD so important?

- Developing good CPD habits is key for all OTs to keep their knowledge and skills up to date to **ensure safe and effective practice**, and to comply with HCPC CPD standards.
- Learners and newly registered occupational therapists are exempt from HCPC audit for the first two years of their practice, we advocate for **everyone feeling confident with CPD** to help you feel as prepared as possible for future audits.
- As a learner, developing these habits will **set you up for the transition to practice** and support you to develop in your early career and beyond.
- Recognising **what counts as CPD** and having a place to record your reflections are key components to support your lifelong learning and career development.

Your CPD Portfolio

A place to capture your lifelong learning and development, no matter your role or career stage

Join the thousands of members who are already using it!

Members tell us they love being able to record CPD and evidence on the go, and that it's very easy to use

Supports you to meet the HCPC CPD standards

Royal College of Occupational Therapists


Search Log in Join us

About occupational therapy About us News and events Promoting occupational therapy Practice resources

Have you read our Workforce Strategy?

We're proud to share our vision for the profession from 2024–2035

Find out more



Windows Taskbar: Search, File Explorer, Microsoft Edge, Word, PowerPoint, Outlook, Teams, OneDrive, Settings, Network, ENG UK, 10:35, 16/01/2025



Emma Grover

Emma Grover

Supporting your learning



CPD portfolio - taking the stress out of audit



Helping you to understand and meet the HCPC CPD standards



Career development framework to plot your progress and career journey



Evidence spotlights and practice guidelines



Access to our digital library and peer reviewed research to improve your practice with BJOT

RCOT Digital Library

- Available 24/7
- All career stages - tailored & specialist
- CINAHL and Medline databases (linking to full text articles)
- Catalogue - including details of RCOT publications
- Information skills guides and enquiry service

library@rcot.co.uk
020 3141 4727

Lorna Rutherford
Alice Ford-Smith

Connecting with your community




Connecting with your community

New RCOT communities platform
launching soon



Events and networking opportunities



Volunteering – new volunteer roles
launching this spring!



Join our vibrant Research connect
network



Connect with changemakers through
the Innovation hub

RCOT learner ambassadors

- New exclusive learner member benefit, launching September 2024!
- Learner ambassadors promote RCOT membership to learners across the UK and receive complimentary membership and CPD experience in return.
- Connect with your local RCOT learner ambassador or, if you're interested in joining our ambassador network you can [find out more and apply online.](#)



Meet one of our new Learner Ambassadors!



Current vacancies



Keeping you in the loop

- *OTnews*, your monthly membership magazine
- *Highlight*, your monthly email update
- Social media stories and news
- Regional updates
- R&D Bulletin, your research newsletter
- *BJOT* (British Journal of Occupational Therapy)



Connect with us on social



Royal College of Occupational Therapists

28,572 followers

1mo •

LinkedIn

Our Patron, Her Royal Highness The Princess Royal's visit to West of Scotland Hospital in Whitehaven featured on ITV News Border yesterday. ...more



Royal College of Occupational Therapists

Published by Loomly



November 22 at 8:00 AM •

What's your specialist area? 🍀

We want to show the range of disciplines occupational therapists work across!

Facebook



Royal College of Occupational Therapists @theRCOT · Nov 8

Bridgerton star @andoh_adjoa joins our #OTWeek24 campaign, sharing her personal experience of dyspraxia and the life-changing power of occupational therapy for her daughter Jesse's dyspraxia. She also calls for OTs to be present in every school. 🍀

Blog loom.ly/UJ3KGz8

In my day, I was always being held back after class for having bad

X



the.rcot



the.rcot How do you increase physical activity, hydration, social interaction? A mocktail party, of course! 🍹

As part of their campaign: Get Dressed, Get Moving, @w patients enjoyed vibrant, non-alcoholic cocktails like zest Blast, pink lemonade and tangy Lemon Drop. 🍹

'It's about making therapy fun. These sessions give our p get out of bed, laugh, and engage with one an important part of their recovery journey. Central Lead Occupational Therapist.

Instagram



45 and 380 others

Here when you need us most



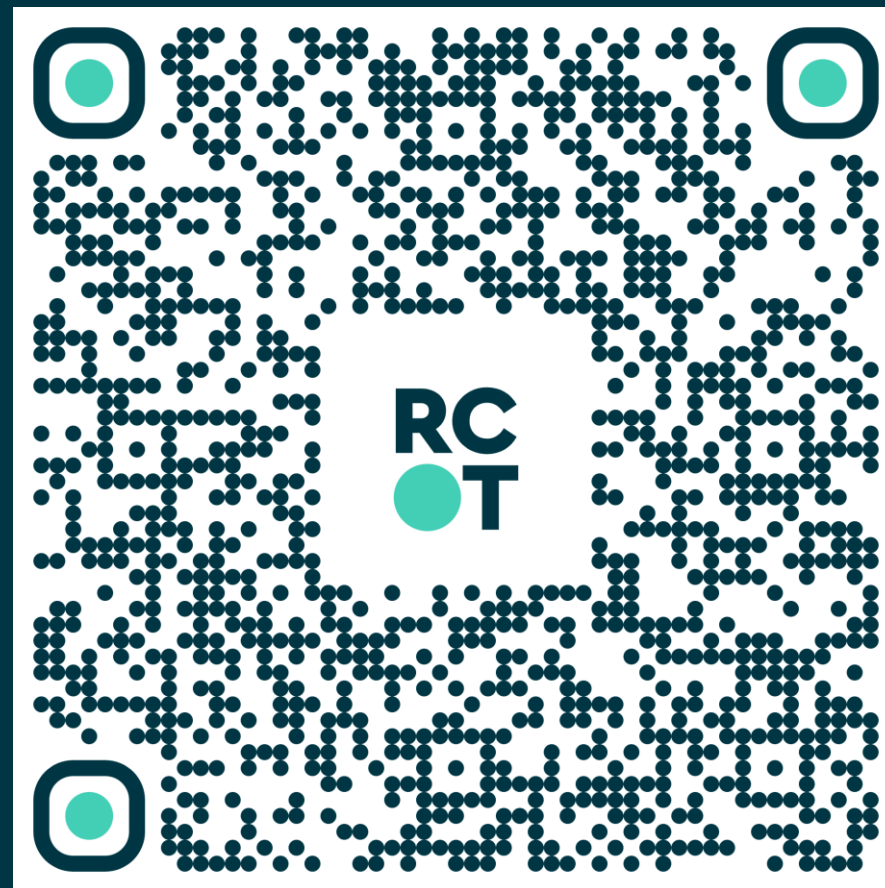
Professional advice and representation

- Professional Advice Service (PAS) helpline, guidance and support groups
- HCPC audit support
- Workplace representation with Unison membership
- Professional Indemnity Insurance up to £10million per member
- Financial support through our hardship fund to keep you connected with your community

Sign up to membership today!

RCOT student
membership
costs £5.13 per month

Use code Learner10
for 10% discount!



Questions



Key resources

- Learn more about our [CPD resources](#)
- Connect with our [PAS service](#)
- Find further information about our [Regions](#)
- Browse through our [Library](#)
- Find out more on upcoming [events](#)
- Find out more about our [Research](#) resources
- Learn about your [indemnity insurance](#)

Connect with us on social media

- **Twitter (X):** [@theRCOT](https://twitter.com/theRCOT)
- **Facebook:** [Royal College of Occupational Therapists](https://www.facebook.com/RoyalCollegeofOccupationalTherapists)
- **Instagram:** [@the.rcot](https://www.instagram.com/the.rcot)
- **LinkedIn:** [Royal College of Occupational Therapists](https://www.linkedin.com/company/RoyalCollegeofOccupationalTherapists)



Key contacts

Membership Excellence team

Email - membership@rcot.co.uk

Call - +44 (0)20 3141 4648

PAS Service

professional.advisoryservice@rcot.co.uk

Professional Development team - hello@rcot.co.uk

Twitter: @CPD_RCOT

