

Why I no longer worry about the HCPC CPD audit



Today you'll hear from...

- **Susannah Worby** – Clinical Specialist Occupational Therapist
- **Rachel Barlow** – Children's Occupational Therapy Manager
- **Ian Merrick** – Professional Lead for Occupational Therapy and Head of Individual and Placement Support

Why talk about audit now?

The current cycle runs from **1 November 2025 – 31 October 2027**

Every two years 2.5% of registered occupational therapists are randomly selected for a CPD audit

CPD is an everyday, year-round condition of registration – it's not just for audit

The [HCPC CPD standards](#) are what we are assessed against

CPD audit support and resources



[A webinar with HCPC and CPDme on our CPD audit support webpage](#)



Your CPD portfolio is designed around the CPD standards and makes the audit process easier



Look out for HCPC CPD week taking place 2–6 March 2026



HCPC webpages: [CPD standards](#), [what counts as CPD](#), [the CPD audit process](#)



If you're selected for audit, we'll bring you together with other members for peer support

What counts as CPD?

‘CPD activity is any activity from which you learn or develop professionally, though you should ensure that these complement your practice and enhance the service you provide’ ([HCPC](#)).

- CPD categories include work-based learning, professional activities, formal education or self-directed learning.

'I hope I get called for audit in August 2027!'

How much you agree with this statement on a scale of one to five?

1 = No thank you!

5 = Yes, pick me!



Susannah's audit story

Rachel's audit story

Ian's audit story

Q&A

If we can't answer your question today,
please get in touch hello@rcot.co.uk



Practical steps you can take

- Make a start and keep it simple!
- Focus on recording activities between 1 November and now
- Get to know what a CPD profile looks like
- Use technology to support you
- Find a CPD buddy
- Aim for progress over perfection
- Reflect on your growth over time
- Use RCOT Communities as part of your CPD

Reflection

What has inspired you today?

What's one immediate next step you can take after coming to this session?

This activity counts as part of your CPD.
Log into your CPD portfolio to add an entry.



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Maximise your RCOT membership for your CPD!

Use your **CPD portfolio**

Join **RCOT Communities** networks

Read **OTnews**

Check out the **innovation hub**

Explore our **Digital Library**

Browse the **British Journal of Occupational Therapy**

Apply for **volunteer leadership roles**

Find **events and resources** relevant to you

**We want to hear
your feedback**

RCOT event feedback form



Sign up to RCOT membership today!

