

Making the most of RCOT Communities



Our digital transformation

- A member offer that reflects the needs and opportunities of our people and profession
- New member benefits and improved digital experiences
- Developed in response to members' feedback, insights and research findings
- More features and functionality to come over time.
- Over time we'll be able to share tailored content and recommendations based on your career stage and interests.



What we'll cover

- What is RCOT Communities?
- Making the most of RCOT Communities
- A guided tour
- How to get involved
- Q&A
- Next steps



Overview of RCOT Communities

- A dedicated **online community platform**
- A range of **networks** – by practice area, RCOT region, and professional focus
- A growing **volunteer community**

Included in your membership



Start connecting!

In the chat:

- Introduce yourself in the chat
- Ask a question
- Find someone you might like to connect with
- Connect with them on RCOT Communities

Overview of our new networks

- Regional – bring local OT communities together
- Practice – bring together members from across all backgrounds, career levels and sectors with a shared interest in a practice area
- Professional – connect members around pillars of practice and professional issues
- Equity, diversity and belonging - connect allies, advocates and members with lived experience
- Run by volunteers in new leadership roles, mapped to the Career Development Framework.
- **All included in your membership, you can join as many as you like!**



RCOT Practice Networks



Acute and
emergency care



Mental health

Children, young people
and families



Neurological practice

Dementia care



Palliative and end
of life care

Healthy ageing



Primary care

Inclusive built
Environments



Social care

Learning disabilities



Work and health

Long term conditions



RCOT Regional Networks



North West



Scottish Western



Scottish Northern



Scottish Eastern



Northern Ireland



Northern & Yorkshire



Wales (Cymru)



Trent



South West



West Midlands



South East



London



Eastern



RCOT Professional Networks

**Innovation
and
Improvement
Hub**

**Research
Connect**

**Independent
Practice**

Leadership

**Professional
Development**

**Artificial
Intelligence
and
Technology**

Sustainability

RCOT EDB networks



**LGBTQIA+
network**



**Disability
network**



**Carers
network**



**Black, Asian and
Minority Ethnic
(B.A.M.E) network**



**Interfaith
network**

Your networking experiences

Tell us in the chat:

- What networks have you been part of?
- What did you find valuable about being part of that network?
- If you've joined any networks on RCOT Communities already or what networks you are looking forward to being part of

Let's take a look!



How networking supports your CPD

Learn	Learn from and with each other
Build	Build meaningful connections
Showcase	Showcase your strengths
Open	Open up new opportunities

Get the most out of your experience

Find resources to help you navigate RCOT Communities like a pro and to support your development more broadly.

If you need additional help, please email hello@rcot.co.uk.



Search for resources

Filter by type

Search by keywords

All

Clear all filters

Folders (4)

2 months ago

5 items



Learning and development

2 months ago

15 items



Help with RCOT Communities

3 months ago

7 items



Equity, diversity and belonging at RCOT

E-learning to make the most of networking for your CPD

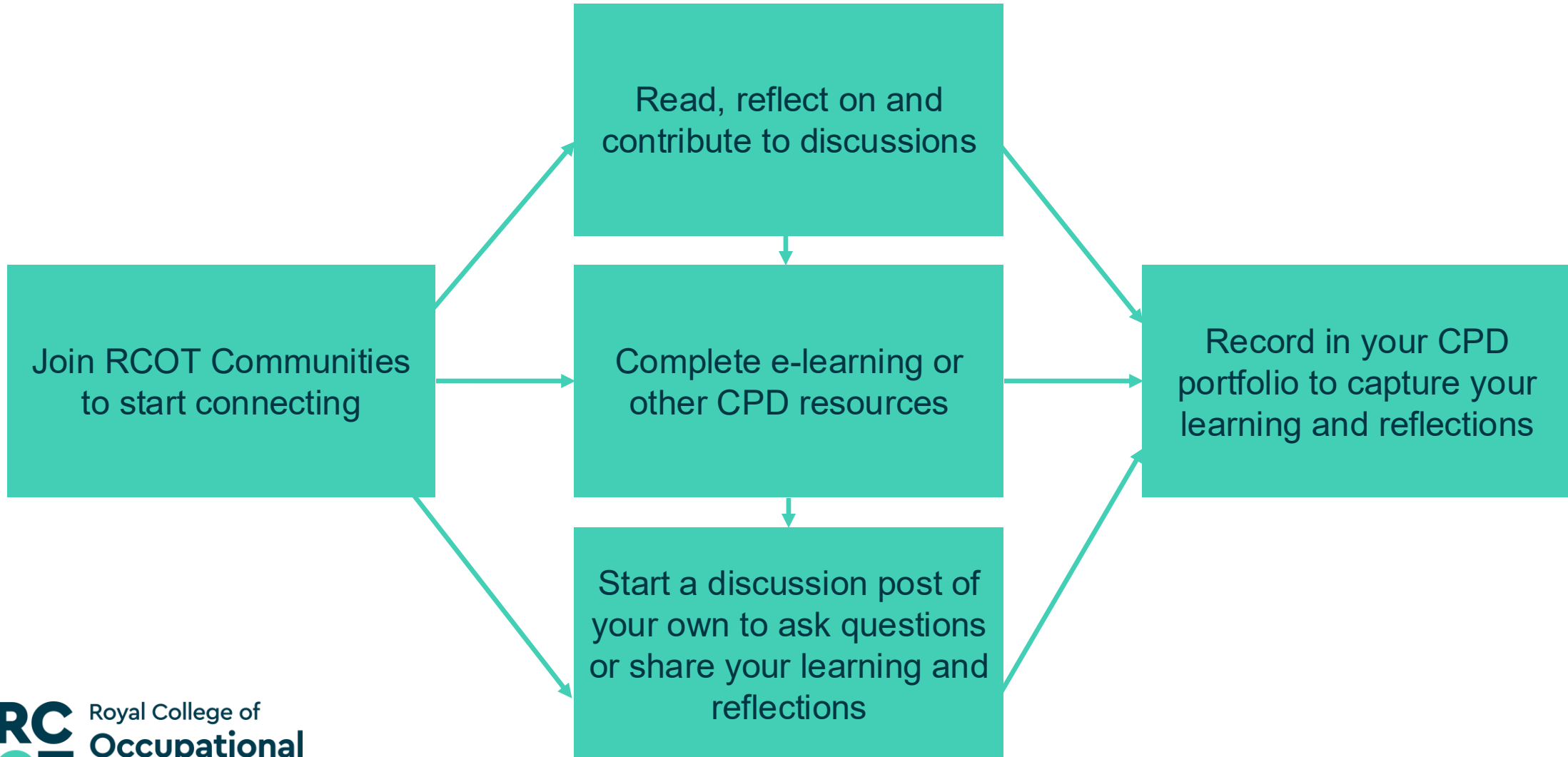
a month ago

external link

[Make the most of networking for your...](#)

Make the most of networking for your CPD

Capture your learning and reflections



Volunteering with RCOT

We're on the lookout for passionate volunteers to help us build dynamic and thriving communities within RCOT.

Are you ready to **take your professional development to the next level?**

- Grow your skill set
- Make meaningful impact
- Enhance your career

**Express interest
in a network
leadership role**

Benefits of volunteering with us

Shape the future: Be at the forefront of creating vibrant communities where members can connect, share and grow together.

Develop new skills: Gain valuable experience in leadership, collaboration and professional development that will enhance your career and meet CPD requirements.

Build strong connections: Network with like-minded professionals and form lasting relationships within your area of practice.

Make an impact: Lead initiatives that reflect the needs of your community and drive positive change.

Gain recognition: Receive acknowledgment for your contributions and achievements.

Thrive in a supportive environment: Benefit from a comprehensive onboarding journey, peer support groups and an annual reflection process to track your progress.

What roles are available?

Leads
strategic, focusing on
vision and direction

Career Development Level
7/8

Coordinator
operational, ensuring
effective implementation of
activities

Career Development Level
5/6

Practice networks

Volunteer function
Practice network lead
Specialisms lead
Community engagement
Equity, diversity and belonging
Learning and development
Innovation
Occupation
Research

Regional networks

Volunteer function
Regional network lead
Community engagement
Equity, diversity and belonging

Help build the collective value of the community

- Join RCOT Communities and completed welcome journey
- Join your regional network
- Join approx. 1–3 networks that reflect your interests
- Introduce yourself in the discussion board
- Share your own knowledge and experience
- Take part in discussions to share insights to inform needs
- Record your learning in your CPD portfolio
- Help shape your community by volunteering
- Tell colleagues and peers

Questions?

