

Reflective questions

Learning from a peer assisted supervision model

These questions are designed to support reflective continuing professional development (CPD) based on Samuel's experience of using a peer-assisted supervision model, where two learners share placement experiences. They can be used by learners and practice educators to guide reflection, supervision, and discussion.

Preparation and readiness

Learners: What stood out to you about how Samuel prepared for a peer-assisted placement?
What information or support would help you feel prepared and confident before beginning a placement with another learner?
What do you think are the advantages and potential challenges of a peer-assisted placement?
How might you overcome challenges that arise when working closely with another learner?

Educators: What stood out to you about Samuel's approach to placement preparation?
How could you use welcome packs, clear expectations, or structured induction to prepare your learners?
What do you see as the advantages and challenges of supervising two learners at the same time?
How can planning and flexibility help address challenges such as workload, assessment, and learner dynamics?

Peer learning and collaboration

Learners: What opportunities are there to learn from a peer during placement?
How might working alongside another learner influence your confidence, clinical reasoning, and professional development?

Educators: What opportunities exist within your setting for learners to learn from one another?
How can you support learners to maximise shared learning opportunities?

Supervision and learner autonomy

Learners: How might supervision differ in a peer assisted placement?
What might you need to do differently?

Educators: How might supervision differ in a peer assisted placement? What might you need to do differently?
When is joint supervision useful, and is it appropriate to have one-to-one supervision?

Placement context

Learners: What are your preconceptions about peer-assisted learning?
How has this case study challenged or reinforced them?

Educators: What are your preconceptions about peer-assisted learning?

How has this case study challenged or reinforced them?
What opportunities are there for you to host a placement with a peer assisted supervision model?

Collaboration and problem-solving

Learners: How might you approach working with your peer to solve a problem, or deliver an intervention?

Educators: How might you support your learners to work together to solve a problem, or deliver an intervention?

Emotional and peer support

Learners: How would you create an environment where you each feel safe to share and process feedback and/or challenges?
How might working with someone who has a different communication style influence your learning?

Educators: What can you do to help create an environment where learners feel safe to share ideas, feedback, and challenges?

Formal supervision

Learners and Educators: How might supervision differ in a peer assisted placement? What might you need to do differently?
When might joint supervision be useful, and when might it be appropriate to have one-to-one supervision?

Developing professional identity

Learners: How might working with a peer support the development of your professional identity (the way you understand, define and present your role as an occupational therapist).

Educators: How might working with a peer support the development of your learner's professional identity (the way you understand, define and present your role as an occupational therapist).

Effective communication

Learners: What is your usual working style and how might you need to adapt this with a peer assisted placement?

Educators: Preparing for a peer assisted placement:
How might you need to support learners who have different working or communication styles, or performance levels? What challenges might arise and how will you address these?

Workload balance

Educators: What do you need to consider in managing your workload while support learning using a peer assisted model?

Impact on practice

Learners: What would be the advantages of this supervision model?
What might be the challenges? How might you overcome these?

Educators: What would be the advantages of this supervision model?

What might be the challenges? How might you overcome these?

Personal summary

- Learners:** What are your key learning points from this reflection?
What actions will you take forward into your placement/future practice?
(e.g. preparing for placement, engaging in supervision, self-management strategies)
- Educators:** What are your key learning points from this reflection?
What actions will you take forward into your practice?
(e.g. changes to supervision, placement design, self-management strategies)

Capture these reflections and learning in your RCOT CPD portfolio.