

Reflective questions

Learning from a creative, interprofessional practice placement

These questions are designed to support reflective continuing professional development (CPD) based on Rhys's experience of a non-traditional, interprofessional placement.

Preparation and readiness

Learners: What stood out to you about how Rhys prepared for this placement?
What parallels can you draw with your own experiences?

Educators: What stood out to you about how Rhys prepared for this placement?
How can you pass these tips on your next learners?

Supervision models

Learners: What questions do you need to ask your practice educators about supervision expectations as you prepare for your placement?
How do you need to prepare differently if supervision and/or your placement is delivered virtually?

Educators: How do you outline supervision expectations to learners completing a placement with you?
How do you (or could you) promote psychological safety while encouraging participation?

Interprofessional learning and occupational therapy identity

Learners: What opportunities are there for your learning in an interprofessional setting?
How do you support OT identity formation in non-traditional or interprofessional contexts? How would you explain the role and value of occupational therapy to people from other professions?

Educators: What opportunities exist in your practice for interprofessional learning?
How do you support your learner's OT identity formation in non-traditional or interprofessional contexts?

Wellbeing

Learners: How do you recognise signs of overload or burnout in yourself or others?
How can looking after your wellbeing be normalised as part of your professional competence?

Educators: How do you recognise signs of overload or burnout in yourself or others?
How can looking after your wellbeing be normalised as part of your professional competence?

Reflection on non-traditional placements

Learners: What are your preconceptions about non-traditional placements?
How has this case study challenged or reinforced them?
How can non-traditional placements showcase the core values of occupational therapy?

Educators: What are your preconceptions about non-traditional placements?
How has this case study challenged or reinforced them?
How can non-traditional placements showcase the core values of occupational therapy?

Creativity and innovation

Learners: When have you had the opportunity to be innovative and creative within your placements?

Educators: What opportunities exist within your setting to encourage learners to think innovatively and creatively?

Personal summary

Learners: What are your key learning points from this reflection?
What actions will you take forward into your practice?
(e.g. preparing for placement, engaging in supervision, self-management strategies)

Educators: What are your key learning points from this reflection?
What actions will you take forward into your practice?
(e.g. changes to supervision, placement design, self-management strategies)

Capture these reflections and learning in your RCOT CPD