

# Evidence summary of occupational therapy home programmes for children

**Instructions for use:** Always read the [evidence summary](#) in conjunction with this tool. The tool can be used individually or by teams to establish to what extent your home programmes are following the current best evidence. It can be used to audit individual home programmes or to give an overview of your current practice. Each row in column A contains a recommendation from the evidence summary. Consider each statement and complete column B with a description of what your team or service currently does to meet this recommendation. In column C, rate yourself (team or service) as to how far you meet the recommendation using the drop down choices of 'Yes' or 'No'. If you do not feel the recommendation is fully met as yet, complete columns D, E and F, and use this as an action plan to help you work towards fully meeting the recommendations.

A Recommendation	B Current activity/ evidence	C Recommendation met?	D Actions needed to implement recommendation	E Current activity/ evidence	F Who by?
A collaborative partnership with the parent(s) and child is established					
Child and family set goals to work on at home					
Baselines are established					
Evidence-based interventions are chosen					
Interventions that match the goal are chosen					

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Interventions that can be woven into everyday life are chosen					
The programme content is agreed with the parent(s) and child					
There is a collaborative approach with other members of the MDT to incorporate all goals and avoid multiple programmes					
Programmes are designed in the home environment					

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Programmes are designed to enable the family to use their own toys/existing materials					
Programmes are designed to support parent perspectives, choices of content, timing and length of each session					
Programmes include a small number of activities that parents are confident and capable of carrying out safely and therapeutically in the home					
Parents are aware of the frequency and duration of practice needed for effectiveness, and that under-dosed programmes are not effective					
The therapist gives the family information about what outcomes to expect from the programme					

A Recommendation	B Current activity/ evidence	C Recommendation met?	D Actions needed to implement recommendation	E Current activity/ evidence	F Who by?
Any specialist equipment required is provided					
Logbooks for recording sessions are provided to the parent(s)					
The therapist provides regular support and coaching to the family to identify improvements and adjusts as needed					
The therapist gives regular feedback about progress					
The therapist offers regular coaching to parent(s) to carry out the programme					

A	Recommendation	B	Current activity/ evidence	C	Recommendation met?	D	Actions needed to implement recommendation	E	Current activity/ evidence	F	Who by?
	Outcomes are evaluated jointly by parent(s), child and professional(s)										