# Practising what we preach disability & inclusion

Professor Wendy Bryant Followed by a panel discussion with #AbleOT



# **Overview**

- 1. Disability and inclusion
- 2. A respected profession
- 3. Fixing people and their lives
- 4. Form, function and meaning
- 5. Reflection



# **Disability and inclusion revisited**

- Who am I?
  - Othering, discrimination
- What identifies me as a disabled person?
  - Visible and invisible impairments
- Why are we disabled?
  - Social model of disability, independent living
- How is disability experienced?
  - Eligibility, barriers to participation
- Where are the places associated with disability?
  - Segregation and integration
- When does a difficulty become a disability?
  - Duration
- Who? intersectionality



#### A respected profession



# Fixing people and their lives

- Two body practice (Mattingly & Fleming 1994)
  - The living body
  - Body as machine
- A better life and ableism
- Social model of disability



# Form, function and meaning

What can we change?

Function = in order to

Meaning = because

Form = how



#### Reflection

How can we work together to practice what we preach?



#### **Resources – further reading**

Bryant W (2016) **The Dr Elizabeth Casson Memorial Lecture 2016: Occupational alienation – A concept for modelling participation in practice and research**. British Journal of Occupational Therapy Vol. 79(9) 521–529 DOI: 10.1177/0308022616662282

Mattingly, C., & Fleming, M. H. (1994). *Clinical reasoning: Forms of inquiry in a therapeutic practice*. Philadelphia: F.A. Davis Company.

Morrow M, Hardie S (2014) *An intersectional framework for inequity*. In Bryant W, Fieldhouse J, Bannigan K (Eds) Creek's Occupational Therapy and Mental Health. 5th edition. London, Elsevier. (They have written a revised chapter for the 6th edition, due out in summer 2022)

Nelson, David (1996) **Therapeutic occupation: a definition**. American Journal of Occupational Therapy 50 (10) 775-782

Nelson D (1988) *Occupation: Form and Performance*. American Journal of Occupational Therapy Volume 42, Number 10, 633-641



Websites: https://disability-studies.leeds.ac.uk/wp-content/uploads/sites/40/library/Oliver-in-soc-dis.pdf

https://metro.co.uk/2020/02/11/what-does-being-ableist-mean-12221655/

https://www.gov.uk/definition-of-disability-under-equality-act-2010

https://www.who.int/news-room/questions-and-answers/item/people-with-disability-vs-persons-with-disabilities

**Film**: Come as you are <u>https://www.imdb.com/title/tt6722726/</u> This film challenges assumptions about disability and sexuality.

**Podcast**: <u>https://folkonfoot.podbean.com/e/grace-petrie-in-leicester/</u> - This podcast is an interview with Grace Petrie, singer and activist. Although not specifically focused on disability, she speaks about activism in a thoughtful and realistic way.