

# Living well in care homes

## Enabling Everyday Activity Audit

### 1. Process

Quality Indicators and Evidence to support rating		Yes	Partial	No
1	Residents are included in activity planning on a regular and ongoing basis.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
2	A life history is obtained from residents and relatives.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
3	There is recorded evidence in the care plan that life history information is used to enable residents to participate in activities of their choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
4	Residents' activity preferences are known, understood and met by all staff.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				



5	Care plans show that they focus on people's strengths and not lists of losses nor on problem-based sheets.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
6	Each resident's activity needs and wellbeing is recorded 6-12 weeks after admission when the resident has settled in. These are reviewed with the resident and care plans are updated as changes occur or at a minimum annually.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
7	Where appropriate, residents and relatives are involved in the risk assessment process and joint decisions are reached about any actions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
8	Risk assessments are person-centred and are regularly reviewed regarding residents' abilities to participate in activities of their choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
9	Risk assessments promote residents' freedom, welfare and their right to choose, regardless of their disabilities or other needs. There is evidence that alternative activities and support measures have been fully explored.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				



10	Residents' satisfaction is collected in different ways to reflect their abilities and needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
		<b>SUBTOTAL</b>	<input type="checkbox"/>	<input type="checkbox"/>
Name of auditor(s):	Audit date:			
Signature(s):				

