

# Living well in care homes

## Enabling Everyday Activity Audit

### 3. Embedding activity

Quality Indicators and Evidence to support rating		Yes	Partial	No
19	Participating in day-to-day activities takes place at any time of day and night and is flexible to residents' needs, wishes and personal routines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
20	Residents report that they are supported to pursue a range of personal or social activities of their choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
21	People are freely able to go outside into safe areas without needing doors unlocked.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
22	Rummage items, sensory fabrics, dolls and soft toys are available for residents to hold and touch.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				



23	Residents who need help and support to choose activities are supported and age-related needs, disabilities and personal choices are considered.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
24	There is access to community-based activities, and assistance is available if needed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
25	Residents receive choices with regard to their daily routine and the amount of help they receive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
26	The dining room is clean, pleasant and inviting and tables and seating are arranged in such a way as to encourage social contact, however residents can eat in their own rooms if they wish.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
27	Significant others are actively encouraged to dine with or assist residents as appropriate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				



28	There is a mix of private, quiet and shared areas where different activities and social events can be undertaken.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
29	There is a wide selection of materials readily available to residents, taking into account a range of abilities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
30	There is a choice of music and natural sounds (e.g. bird songs) and the television is only on when people have chosen to watch it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
31	Residents describe mealtimes as a pleasant social activity and report that they are given a choice of seating and food and drink. Dietary and other needs are taken into account.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
32	Memory/comfort boxes are offered to all residents and families.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Evidence to support rating:</i>				
		<b>SUBTOTAL</b>	<input type="checkbox"/>	<input type="checkbox"/>
Name of auditor(s):		Audit date:		
Signature(s):				

