Grant recipient: Dr Rob Brooks
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Abstract

Mental illness impacts on a person's ability to participate in everyday life and is increasing amongst children and young people in the United Kingdom. Current intervention trends focus on talking therapies but the evidence for their success is limited. There has been a call for the development of evidence-based interventions. Occupational therapy interventions for children and young people with mental health difficulties have yet to be rigorously developed. The aim of this project is to identify, summarize and synthesize the knowledge about occupational therapy interventions that target participation in everyday occupations for children and young people with mental health difficulties. A mixed methods systematic review will be conducted using diverse forms of evidence to develop a comprehensive understanding of the existing knowledge base. Following the Medical Research Council's guidance for designing complex interventions this study is the first in a programme of research to develop a robust, evidence-based intervention.