



Networking Day for Occupational Therapists in Perinatal Mental Health

Royal College of Occupational Therapists, 106-114 Borough High Street, London
Wednesday 13th March, 10.30am – 4.00pm

Background

Mental health problems are common during pregnancy and in the two years following birth, affecting around 1 in 10 women. Perinatal mental illness affects not just the mother, but can also impact on the emotional, cognitive and physical development of the child. The consequences can be life-long and impact on the whole family.

Recent (and welcome) investment into perinatal mental health services (NHS England, 2018) has increased the number of occupational therapy posts in Mother and Baby Units and perinatal mental health community teams.

The Royal College of Occupational Therapists is keen to gather intelligence and support occupational therapy services working in perinatal mental health settings across the UK. With keynote speakers from occupational therapists, this networking event offers an opportunity for professional RCOT members to come together to discuss:

- The role of occupational therapists in perinatal mental health services - in community teams and Mother and Baby Units
- Therapists' training and support needs in this growing area of practice
- Demonstrating the impact and effectiveness of occupational therapy

Learning Objectives:

- Consider strengths, opportunities and challenges for occupational therapists working in perinatal mental health
- Explore learning needs for therapists working in perinatal mental health
- Discuss how we can measure the impact and effectiveness of occupational therapy
- Identify the next steps for sharing best practice and providing peer support

Outline Programme:

The structure to the day is designed to be flexible. It will consist of presentations and group discussions which will be captured to share after the event.

The session will close by identifying and agreeing future actions to progress this work nationally.

To apply: Please visit <https://www.eventbrite.co.uk/e/networking-day-for-occupational-therapists-in-perinatal-mental-health-tickets-55284214574>

Should you require more information before applying contact yailin.acosta@rcot.co.uk / 02074502336
Please note: This is a free event. The College does not provide lunch or reimburse travel expenses

CLOSING DATE FOR BOOKINGS: 1st MARCH 2019

CPD @ RCOT
www.RCOT.co.uk

Royal College of
Occupational
Therapists

