

COT Specialist Section Older People

Key national guidelines, standards and documents that guide/influence occupational therapy care of older people



All forums

- Department of Health (2001), National Service Framework for Older People 2001. London: DH.
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4003066
- The link below will take you to the University Of Nottingham's Division of Rehabilitation and Ageing website. You will find learning resources on various topics related to older people's health, many of which will be of particular interest to OTs working in acute hospital settings. The resources are primarily aimed at undergraduate medical & nursing students, but will be useful for other professional groups including OT. The resources are freely available and can be completed at your own convenience.
<http://www.nottingham.ac.uk/chs/divisions/rehabilitation/study/resources/index.aspx>

Acute Care and Emergency

- Guidelines for Care of Older People in Acute Care (Scotland)
http://www.healthcareimprovementscotland.org/previous_resources/standards/older_people_acute_standards.aspx
- Department of Health (2011) indicators
<http://dementia.dh.gov.uk/data-on-the-accident-and-emergency-clinical-quality-indicators/>
- Department of Health (2011) Emergency Admissions through Accident and Emergency
http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/Perfomancedataandstatistics/AccidentandEmergency/DH_079092
- Department of Health (2011) Accident and Emergency statistics
<http://www.dh.gov.uk/en/Publicationsandstatistics/Statistics/Perfomancedataandstatistics/AccidentandEmergency/index.htm>
- Kings Fund (2011) Reducing acute care bed utilisation
<http://www.kingsfund.org.uk/publications/data-briefing-emergency-bed-use>
- The Silver Book
http://www.bgs.org.uk/index.php?option=com_content&view=category&layout=blog&id=207&Itemid=888 and <http://www.cot.co.uk/older-people/silver-book-quality-care-older-people-urgent-emergency-care-needs>
- The King's Fund (2012) Older People and Emergency Bed Use: Exploring Variation
http://www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/older-people-and-emergency-bed-use-aug-2012.pdf
- The King's Fund (2013) Transforming Our Health Care System: Ten Priorities for Commissioners
<http://www.kingsfund.org.uk/publications/articles/transforming-our-health-care-system-ten-priorities-commissioners>

Care Homes

England

- National Care Homes standards for older people
http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/documents/digitalasset/dh_4067778.pdf
- NICE guidelines OT, mental wellbeing, activity
<http://guidance.nice.org.uk/PH16>
- NICE guidelines – Management of hip fractures in adults 2010
<http://guidance.nice.org.uk/CG124>
- NICE 2010 Dementia quality standards
<http://guidance.nice.org.uk/QS1>
- NICE guidelines for falls
<http://guidance.nice.org.uk/CG21/NICEGuidance/pdf/English>
- CQC standards <http://www.cqc.org.uk/public/what-are-standards/standards/standards-care-homes>
- COT Falls Management Guidelines
<http://www.cot.co.uk/publication/books-z-listing/falls-management>
- COT Total hip replacement guidelines
<http://www.cot.co.uk/publication/cot-publications/occupational-therapy-adults-undergoing-total-hip-replacement>
- COT Rheumatology clinical guidelines
<http://www.cot.co.uk/publication/practice-guidelines/occupational-therapy-clinical-guidelines-rheumatology>
- COT Manual Handling guidelines
<http://www.cot.co.uk/publication/books-z-listing/manual-handling>
- COT Parkinson's disease guidelines
<http://www.cot.co.uk/publication/cot-publications/occupational-therapy-people-parkinson's-disease>
- Activity Provision: Benchmarking Good Practice in Care Homes
<http://www.cot.co.uk/publication/adult-social-care-workforce/activity-provision-benchmarking-good-practice-care-homes>
- Improving the patient experience: Developing Supportive Design for People with Dementia
http://www.kingsfund.org.uk/sites/files/kf/field/field_publication_file/developing-supportive-design-for-people-with-dementia-kingsfund-jan13_0.pdf
- Guidelines for dementia care mapping PAS 800 Use of Dementia Care Mapping for improved person-centred care in a care provider organization. Guide
<http://www.brad.ac.uk/health/dementia/dcm/workingwiththebritishstandardsinstitute/>
- Commission on Dignity for Care for Older people
<http://www.nhsconfed.org/Publications/reports/Pages/Delivering-Dignity.aspx>

Scotland

- National Care Standards Scotland
<http://www.nationalcarestandards.org/>
- Managing Falls and Fractures in Care Homes for Older People - a good practice self assessment resource
http://www.scswis.com/index.php?option=com_content&task=view&id=7906&Itemid=725
- COT Falls Management Guidelines
<http://www.cot.co.uk/publication/books-z-listing/falls-management>
- COT Total hip replacement guidelines
<http://www.cot.co.uk/publication/cot-publications/occupational-therapy-adults-ndergoing-total-hip-replacement>
- COT Rheumatology clinical guidelines
<http://www.cot.co.uk/publication/practice-guidelines/occupational-therapy-clinical-guidelines-rheumatology>
- COT Manual Handling guidelines
<http://www.cot.co.uk/publication/books-z-listing/manual-handling>
- COT Parkinson's disease guidelines
<http://www.cot.co.uk/publication/cot-publications/occupational-therapy-people-parkinson's-disease>
- Activity Provision: Benchmarking Good Practice in Care Homes
<http://www.cot.co.uk/publication/adult-social-care-workforce/activity-provision-benchmarking-good-practice-care-homes>
- Dementia Standards Scotland
<http://www.scotland.gov.uk/Publications/2011/05/31085414/0>
- Promoting Excellence in Dementia Care
<http://www.promotingexcellence.co.uk/>
- Intermediate Care Framework Scotland
<http://www.scotland.gov.uk/Publications/2012/07/1181/7>
- AHP Delivery Plan Scotland
<http://www.scotland.gov.uk/Publications/2012/06/9095>
- Realising Potential
<http://www.scotland.gov.uk/Publications/2010/06/15133341/0>
- Make Every Moment Count Resource
http://www.scswis.com/index.php?option=com_content&task=view&id=8196&Itemid=766
- COT Living well through activity in care homes: The toolkit due to come out soon but no link yet

Falls

- NICE guidelines for falls
<http://guidance.nice.org.uk/CG21/NICEGuidance/pdf/English>
- COT Falls management guidelines
<http://www.cot.co.uk/publication/books-z-listing/falls-management>
- Prevention package for Older People
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/dh_103146
- The Blue Book
http://www.bgs.org.uk/index.php?option=com_content&view=article&id=338:bluebookfragilityfracture&catid=47:fallsandbones&Itemid=307
- SCSWIS resource pack
http://www.scswis.com/index.php?option=com_docman&task=cat_view&qid=329&Itemid=999999
- AGS/BGS clinical practice guidelines
http://www.bgs.org.uk/index.php?option=com_content&view=article&id=320%3Abgsagsfalls2010&catid=47%3Afallsandbones&Itemid=307%20
- Staying safe, preventing falls, High Impact Actions for nursing and midwifery, NHS Institute
http://www.institute.nhs.uk/building_capability/hia_supporting_info/staying_safe_preventing_falls.html
- COT Total hip replacement guidelines
<http://www.cot.co.uk/publication/cot-publications/occupational-therapy-adults-undergoing-total-hip-replacement>

Intermediate Care

- College of Occupational Therapists (2010) Position Statement: Reablement: the added value of Occupational Therapists. COT London. Available at: <http://www.cot.co.uk/position-statements/reablement-added-value-occupational-therapists>
- Social Care Institute for Excellence (SCIE)(2011) At a glance 46: Reablement: a key role for occupational therapists. London: Social Care Institute for Excellence. Available at: <http://www.scie.org.uk/publications/ata glance/ata glance46.asp?>
- Hospital discharge workbook “Ready to Go? Planning the discharge and transfer of patients from hospital and intermediate care”. Link: http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_113950
- Department of Health (2009) Intermediate Care - Halfway Home: Updated Guidance for the NHS and Local Authorities. London: DH. Available from: http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/@pg/documents/digitalasset/dh_103154.pdf
- Department of Health, (Nov. 2010), Care Services Efficiency Delivery: Homecare Re-ablement Prospective Longitudinal Study Final Report. <http://www.csed.dh.gov.uk/homecarereablement/prospective longitudinal study/>
- Frances J, Fisher M. & Rutter D., (April 2011), SCIE - Social Care institute for excellence, Research briefing 36: Reablement: a cost-effective route to better outcomes. SCIE Available from: <http://www.scie.org.uk/publications/briefings/briefing36/index.asp>
- NHS Benchmarking Network National Audit of Intermediate Care Report (2012) <http://www.nhsbenchmarking.nhs.uk/icsurvey.aspx> or http://www.nhsbenchmarking.nhs.uk/docs/NAIC_report_20120912.pdf

Mental Health

- Best practice guide on assessing the mental health of older people
<http://www.scie.org.uk/publications/guides/guide03/files/research.pdf>
- National Dementia Strategies
<http://www.alzheimers.org.uk/ndstrategies>

England

- Living well with dementia: a National Dementia Strategy
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_094058
- NICE clinical guideline 42 Dementia: Supporting people with dementia and their carers in health and social care
<http://guidance.nice.org.uk/CG42/NICEGuidance/pdf/English>
- NICE guidance PH16 Mental wellbeing and older people guidance
<http://guidance.nice.org.uk/PH16/Guidance/pdf/English>

Northern Ireland

- Improving Dementia Services In Northern Ireland: A Regional Strategy
<http://www.dhsspsni.gov.uk/improving-dementia-services-in-northern-ireland-a-regional-strategy-november-2011.pdf>
- Service Framework For Mental Health And Wellbeing
http://www.dhsspsni.gov.uk/sqsd_service_frameworks_mental_health.htm

Scotland

- Scotland's National Dementia Strategy
<http://www.scotland.gov.uk/Publications/2010/09/10151751/0>
- Standards of Care for Dementia in Scotland
<http://www.scotland.gov.uk/Publications/2011/05/31085414/0>

Wales

- Living well with dementia after diagnosis
http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=842
- National Dementia Vision for Wales
<http://wales.gov.uk/topics/health/publications/health/guidance/dementia/?lang=en>
- Dementia health in Wales
<http://www.wales.nhs.uk/healthtopics/conditions/dementia>

Dementia

- National Dementia Strategies
<http://www.alzheimers.org.uk/ndstrategies>

England

- Living well with dementia: a National Dementia Strategy
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_094058
- NICE clinical guideline CG42 Dementia: Supporting people with dementia and their carers in health and social care
<http://guidance.nice.org.uk/CG42/NICEGuidance/pdf/English>
- Department of Health (2012) Dementia challenge champion groups report on progress.
<http://dementiachallenge.dh.gov.uk/2012/11/08/report-on-progress>
- Delivering major improvements in dementia care and research by 2015: a report on progress
<http://media.dh.gov.uk/network/353/files/2012/11/The-Prime-Ministers-Challenge-on-Dementia-Delivering-major-improvements-in-dementia-care-and-research-by-2015-A-report-of-progress.pdf>
- Dept of Health 2011 Dementia commissioning pack
<http://dementia.dh.gov.uk/introducing-the-dementia-commissioning-pack/>
- NICE 2010 Dementia quality standards
<http://guidance.nice.org.uk/QS1>
- Dept of Health 2011 National Dementia strategy: Equalities action plan
<https://www.gov.uk/government/publications/national-dementia-strategy-equalities-action-plan>

Northern Ireland

- Improving Dementia Services In Northern Ireland: A Regional Strategy
<http://www.dhsspsni.gov.uk/improving-dementia-services-in-northern-ireland-a-regional-strategy-november-2011.pdf>

Scotland

- Scotland's National Dementia Strategy (new version due June 2013)
<http://www.scotland.gov.uk/Publications/2010/09/10151751/0>
- Standards of Care for Dementia in Scotland
<http://www.scotland.gov.uk/Publications/2011/05/31085414/0>
- Delivering Integrated Dementia care: The 8 pillars model of community support.
<http://www.alzscot.org/pages/policy/delivering-integrated-dementia-care.htm>
- Mental Health collaborative: dementia
<http://www.qihub.scot.nhs.uk/quality-and-efficiency/mental-health/mental-health-collaborative.aspx> or
<http://www.qihub.scot.nhs.uk/media/215931/mhc-programme-closure-report.pdf>
- Scottish Gov: HEAT standard for dementia
<http://www.scotland.gov.uk/About/Performance/scotPerforms/partnerstories/NHSScotlandperformance/DementiaStandard>

Wales

- Living well with dementia after diagnosis
http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=842
- National Dementia Vision for Wales
<http://wales.gov.uk/topics/health/publications/health/guidance/dementia/?lang=en>
- Dementia health in Wales
<http://www.wales.nhs.uk/healthtopics/conditions/dementia>

Useful websites

- Comprehensive advice/direction on care of older people
<http://www.ageuk.org.uk/>
- Guidance, research, advice on Alzheimer's disease and other dementias
<http://www.alzheimers.org.uk/>
- Dementia 2012 a national challenge
<http://www.alzheimers.org.uk/dementia2012>
- Department of health on dementia
<http://www.dh.gov.uk/health/category/policy-areas/social-care/dementia/>
- National Audit of Dementia 2011
<http://www.rcpsych.ac.uk/quality/nationalclinicalaudits/dementia/nationalauditofdementia.aspx>
- NHS choices: Dementia. If you're worried, see your doctor
<http://www.nhs.uk/dementia/Pages/dementia.aspx>
- Dementia Demonstrators
<http://www.knowledge.scot.nhs.uk/dementia/communities-of-practice/dementia-demonstrator-sites.aspx>
- The King's Fund
www.kingsfund.org.uk
- The Information Centre for Health and Social Care
www.ic.nhs.uk
- MCA and SOVA (safeguarding)
<http://www.legislation.gov.uk/ukpga/2005/9/contents>
- NAPA - Activity provision
<http://www.napa-activities.co.uk/>
- Wheelchair provision
<http://www.nhs.uk/NHSEngland/AboutNHSservices/social-care-services/Pages/nhs-wheelchair-services.aspx>