

Maximise your RCOT Membership

Presented by

Ruth Mullan

Head of Member Experience



Our speakers

Emma Grover, Professional Development Lead

Dr Nikki Daniels, Head of Communities and Connections

Anne Keen, Professional Advisory Service Manager

Dr Gillian Ward, Head of Research and Innovation

Carolyn Hay, Head of Education

Suhailah Mohamed, Head of Practice and Workforce



Supporting your professional development



Lifelong learning

We want to help you to embrace CPD as part of your lifelong learning and development, not just something you must do for HCPC.



Supporting you with the HCPC CPD audit

- We've got a [dedicated webpage](#) with answers to frequently asked questions
- You can watch back our recorded [webinar with HCPC](#)

CPD member resources

As an RCOT member, you'll have access to:

- Five-minute reflections
- Equity, Diversity and Belonging (EDB) insights
- Virtual cafes
- Apply for funding to support learning, development and research
- Career Development Framework

CPD member resources

- Career conversation podcasts
- Evidence spotlights
- Deep dive learning
- Events
- Conference
- Library resources
- Learning from each other through our communities



RCOT communities



RCOT regions



North West



Scottish Western



Scottish Northern



Scottish Eastern



Northern Ireland



Northern & Yorkshire



Wales (Cymru)



Trent



South West



West Midlands



South East



London



Eastern



RCOT Specialist sections



Children,
young people
& families



Neurological
practice

Housing



Older
people

Independent
practice



People with
learning
disabilities

Major health
conditions



Work

Mental health



Trauma &
musculoskeletal
health

Our communities

10 specialist sections
13 regions and local groups
Volunteer opportunities
Professional networks
Research Connect
Virtual cafes



Supporting you in practice



Professional Advisory Service (PAS)

- PAS is a member benefit, and we deal with enquiries about all aspects of professional practice in the workplace.
- Members can contact PAS by phone or by email.
- All responses are tailored to the individual. We don't use generic 'standard responses'.

**Enquiries
answered
within 7 days**

Indemnity insurance

- It provides cover for you, as an individual member, to practice occupational therapy whether you are employed, self-employed or working in a voluntary capacity.
- It does not cover your employer and/or business.

Up to a limit of
£10 million per
member

UNISON support

- UNISON provides industrial relations support for RCOT (BAOT).
- Advice on terms and conditions at work, legal advice, welfare fund, learning opportunities, support with fitness to practice investigations.
- If you have any questions, either contact UNISON directly, or speak to us in PAS for signposting to advice/support services.



Supporting Research and Innovation



Research is everybody's business!

- Research Connect – our research network LinkedIn Group
- Join our monthly Research Cafes
- Sign up for our monthly R&D bulletin
- Apply for research funding through our Research Foundation grants.
- Top 10 Priorities for OT research in the UK



RCOT Innovation Service

Leading the way on service improvement/innovation methodologies and supporting the use of real-world evidence and innovation solutions.

Our Innovation Hub is a place to:

- share your service challenges and ideas for improvement
- find out if others have similar challenges and what changes they're testing
- learn about tools and approaches that can transform challenges into projects that can be evaluated.

Digital Library and Information service

- Access to a collection that includes online journals, e-books, databases and RCOT publications
- Supporting your studies and informing your practice, clinical and management decision-making
- Information skills: guides help you with literature searching, using databases, navigating the Library catalogue, and keeping up to date

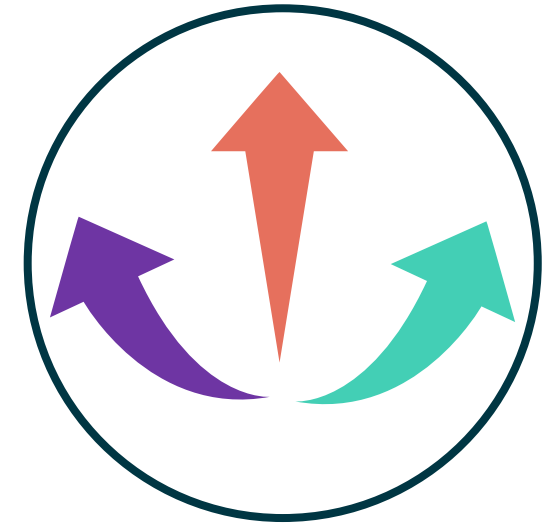
**24/7 online
access**

Education



Supporting learners through their transitions

- Each learner brings their unique self to their occupational therapy studies, applying their unique lens to the learning and application within practice-based learning.
- They then bring this into practice, working at different levels across the four pillars of practice.



AHP principles of practice-based learning: *working together to develop our future workforce*



Practice-based learning opportunities are co-produced



Practice-based learning takes place across all areas, pillars and levels of practice



Practice-based learning environments must be inclusive and welcoming to all



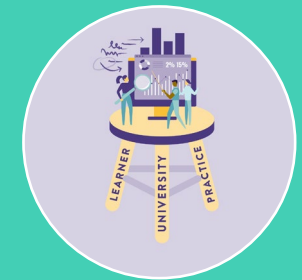
Practice-based learning uses flexible, appropriate and supportive models of supervision and delivery



Practice-based learning is designed with a whole team approach



All those involved in practice education are valued, respected and recognised within their roles



Practice-based learning is evaluated; capturing data to drive improvement and demonstrate impact

RCOT Carnduff Learner Forum

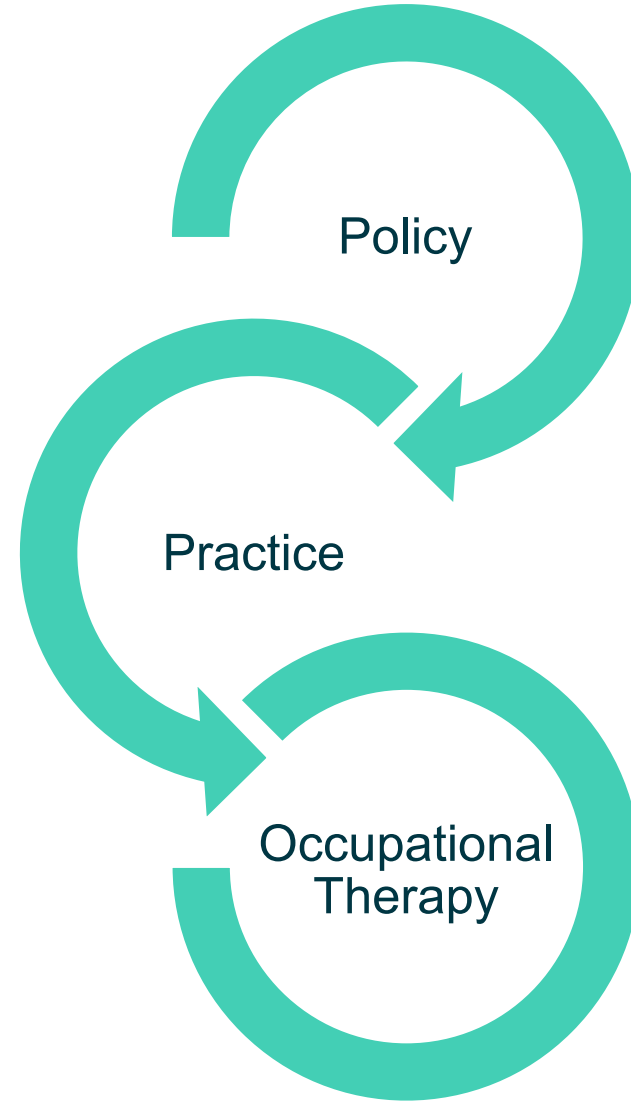
- Give students and apprentices a voice
- Share and learn about experiences
- Meet learners from across the UK
- Help improve the learner support
- Raise awareness
- Exchange ideas / work collaboratively



Practice and Workforce



Functions of the Practice and Workforce team



Influencing Practice

The issue:

Occupational therapists are excluded from applying to some senior leadership roles in health and social care.

The support that is available for OTs in leadership roles is variable and inconsistent in quality.

Occupational therapy has never been as respected, wanted and needed as it is right now.



What are we doing to influence?

Setting up Leadership Forum and advisory group, mapping OT leaders and co-hosting workshops with real life examples that show the positive impact of OT leadership.

Why should we influence?

HCPC new standards for leadership are now in place, increased opportunities for OTs to take up leadership roles!

What will be the outcome?

We will raise awareness about the benefits of employing OTs in leadership roles. These benefits are experienced by people, staff teams and by the organisations working together for local communities.

Using our map of OT leaders, will be able to track changes in the number and experience of OT leaders.

Through the co-hosted workshops and events, we hope to see more job opportunities available to OTs to apply for. This will increase the number of OTs we have in leadership, influential roles.

Take home messages

- Influencing takes time
- Relationships are key
- Stories are powerful – we need more!
- Our influencing activity can lead to long-term changes and opportunities for the profession
- We can't do this alone. We need your support!



Questions?



Key resources

- Gain access to the [PAS service](#)
- Learn more about our [CPD resources](#)
- Find further information about our [Regions](#)
- Look through our [Specialist Sections](#)
- Browse through our [Library](#)
- Find out more on upcoming [events](#)
- Find out more about our [Research](#) resources
- Learn about the membership benefit of [indemnity insurance](#)

Connect with us on social media

- **Twitter (X):** [@theRCOT](https://twitter.com/theRCOT)
- **Facebook:** [Royal College of Occupational Therapists](https://www.facebook.com/RoyalCollegeofOccupationalTherapists)
- **Instagram:** [@the.rcot](https://www.instagram.com/the.rcot)
- **LinkedIn:** [Royal College of Occupational Therapists](https://www.linkedin.com/company/RoyalCollegeofOccupationalTherapists)



Key contacts

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